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Prevention and Control of Tuberculosis in Correctional Detention Facilities: Recommendations from

Endorsed by the Advisory Council for the Elimination of Tuberculosis, the National Center for Correctional Health Care, and the American Correctional Association

The material in this report originated in the National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention (proposed Director, and the Division of Tuberculosis Elimination, Kenneth G. Castro, MD, Director.

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Summary

Tuberculosis (TB) control can be particularly problematic in correctional and detention facilities, in which persons from diverse communities are housed in close proximity for varying periods. This report provides a framework and general guidelines for TB in jails, prisons, and other correctional and detention facilities. Recommendations were developed on the basis of published scientific literature. Effective TB-prevention and -control measures in correctional facilities include early identification of persons at risk (entry and periodic follow-up screening; successful treatment of TB disease and latent TB infection; appropriate use of airborne infection isolation, environmental controls, and respiratory protection); comprehensive discharge planning; and thorough education of inmates, detainees, and correctional facility staff is necessary to maximize cooperation and participation. To ensure these measures are effective, periodic program evaluation should be conducted.

Introduction

Tuberculosis (TB) is a disease caused by *Mycobacterium tuberculosis* that adversely affects public health around the world (1). TB remains a substantial public health challenge in multiple settings. TB can be particularly problematic in correctional and detention facilities where persons from diverse backgrounds and communities are housed in close proximity for varying periods. Effective TB prevention and control in correctional facilities are needed to reduce TB rates among inmates and the general U.S. population.

The recommendations provided in this report for the control of TB in correctional facilities expand on, update, and supersede the recommendations of the Advisory Council for the Elimination of TB (ACET) in 1996 (2). This report provides a framework and general guidelines for the control of TB in jails, prisons, and other correctional and detention facilities. In addition, on the basis of existing scientific knowledge and consultation with correctional and public health officials, this report defines the essential activities necessary for preventing transmission of TB in correctional facilities. These fundamental activities can be categorized as 1) screening (finding persons with TB disease and latent TB infection); 2) prevention (preventing transmission of TB and treating patients with TB disease and LTBI); 3) assessment (monitoring and evaluating TB control); and 4) collaboration between correctional facilities and public health departments in TB control. These overarching activities and the essential activities of correctional facility and public health department staff are provided with clear roles of shared responsibility.

The recommendations in this report can assist officials of federal, state, and local correctional facilities in preventing transmission of TB among inmates and facility employees. The target audience for this report includes public health department personnel, correctional facility administrators, private correctional health vendors, staff in federal and state agencies, staff in professional organizations, and the report is intended to assist policymakers in reaching informed decisions regarding the prevention and control of TB in correctional facilities.

Methods

To update the existing guidelines, with assistance from ACET, CDC organized and convened the Tuberculosis in Correction of persons with expertise in public health and health care in correctional facilities. Organizations represented in the Working National Commission on Correctional Health Care, the American Correctional Association, the American Jail Association, a Physicians. The Working Group reviewed published guidelines and recommendations, published and unpublished policies and studies discussing overall TB prevention and control and aspects of TB prevention and control specific to correctional and detention facilities. The guidelines, recommendations, policies, protocols, and studies form the basis for the Working Group's recommendations. Based on TB prevention and control activities and interventions specific to correctional and detention facilities, the recommendations reflect the quality and quantity of the evidence. The recommendations reflect the expert opinion of the Working Group members with their experience and their review of the literature.

Summary of Changes from Previous Recommendations

These guidelines are intended for short- and long-term confinement facilities (e.g., prisons, jails, and juvenile detention centers) as correctional facilities throughout this report. These recommendations differ as follows from those made in 1996:

- The target audience has been broadened to include persons working in jails and other detention facilities.
- The need for correctional and detention facilities to base screening procedures for inmates and detainees on assessment is emphasized. A description of how TB risk should be assessed is included.
- The need for institutions to conduct a review of symptoms of TB for all inmates and detainees at entry is discussed.
- The need for all inmates and detainees with suspected TB to be placed in airborne infection isolation (AII) immediately is emphasized.
- Testing recommendations have been updated to reflect the development of the QuantiFERON[®]-TB Gold test (QFT-GIT) and the QuantiFERON[®]-TB (QFT) diagnostic test for *M. tuberculosis* infection.
- The section on environmental controls has been expanded to cover local exhaust ventilation, general ventilation, and an environmental control program. Ventilation recommendations for selected areas in new or renovated correctional facilities are included.
- A section on respiratory protection has been added, including information on implementing respiratory protection programs.
- Treatment recommendations for TB and LTBI have been updated on the basis of the most recent treatment statements from the American Thoracic Society (ATS), and the Infectious Diseases Society of America.
- Emphasis is placed on case management of inmates with TB disease and LTBI.
- The need for early discharge planning coordinated with local public health staff is emphasized.
- A section has been included on U.S. Immigration and Customs Enforcement detainees.
- The importance of collaboration between correctional facility and public health staff is emphasized, particularly with respect to contact investigation.
- The need for corrections staff to work closely with public health staff to tailor an appropriately comprehensive training program for TB control in a correctional facility is emphasized.
- The need for public health workers to receive education regarding the correctional environment is emphasized.
- Program evaluation is emphasized. Recommended areas of evaluation include assessment of TB risk in the facility, quality improvement, collaboration, information infrastructure, and using evaluation information to improve the TB control program.

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Background

During 1980--2003, the number of incarcerated persons in the United States increased fourfold, from approximately 500,000 in 1980 to 2 million in 2003 (4,5). A disproportionately high percentage of TB cases occur among persons incarcerated in U.S. correctional facilities. Although 0.7% of the total US population was confined in prisons and jails, 3.2% of all TB cases nationwide occurred among persons in correctional facilities (6). Although overall incidence of new TB cases among the U.S. population has remained at <10 cases per 100,000 persons annually, high case rates have been reported in correctional populations (2). For example, the incidence of TB among inmates in New Jersey was 184 cases per 100,000 inmates, compared with 11.0 cases per 100,000 persons among all New Jersey residents (3). In 1991, a TB case rate of 184 cases per 100,000 persons, which was 10 times greater than the statewide rate (7). In addition, in 1993, the TB rate in the New Jersey correctional system was 139.3 cases per 100,000 persons, an increase from the rate of 15.4 during 1976--1978 (3,8). In California, the TB rate in an urban jail in a high-prevalence area was 72.1 cases per 100,000 inmates in 1998, representing 10% of the county's cases (9). A study demonstrated the prevalence of LTBI among inmates to be as high as 25% (10--14). Other studies have demonstrated a correlation between incarceration and positive tuberculin skin test (TST) response, indicating that transmission might have occurred in these facilities. At least three factors contribute to the high rate of TB in correctional and detention facilities. First, disparate numbers of inmates in correctional facilities for TB (e.g., users of illicit substances [e.g., injection drugs], persons of low socioeconomic status, and persons with human immunodeficiency virus infection). These persons often have not received standard public health interventions or nonemergency medical care before incarceration. Second, the structure of the facilities contributes to disease transmission, as facilities often provide close living quarters, might have inadequate ventilation, and are overcrowded (9,17--19). Third, movement of inmates into and out of overcrowded and inadequately ventilated facilities, combined with other factors of the inmates, combine to make correctional and detention facilities a high-risk environment for the transmission of TB. The implementation of TB-control measures particularly difficult (19). Despite recent efforts to improve TB-control measures in correctional facilities, outbreaks of TB continue to occur in these settings, and TB disease has been transmitted to persons living in nearby communities.

Consequently, correctional and detention facilities are critical settings in which to provide interventions for detecting and treating TB in the high-risk population.

Addressing the Challenges of TB Control in Correctional Facilities

Published recommendations for elimination of TB in the United States include testing and treating inmates in correctional facilities to reduce development and transmission of TB (23). The basis for this recommendation is that LTBI and coinfection with HIV are more common in correctional populations than in the general population (24--26). However, treating correctional inmates for LTBI can be challenging.

Before being incarcerated, inmates might have faced barriers to accessing community health services necessary for the detection and treatment of TB (27). In addition, inmates released from correctional facilities often do not attend clinic visits or adhere to treatment. Inmates released before completion of TB therapy indicated that only 43% made at least one visit to the clinic after release (28). In an educational intervention increased the rate of clinic visits after release from 3% to only 23% (29).

In the United States, TB is concentrated increasingly among the most disadvantaged populations, particularly immigrants (30) arriving largely from countries with a high prevalence of TB (e.g., Mexico, the Philippines, and Vietnam) and therefore present a barrier to elimination of TB in the United States* (31). Social and legal barriers often make standard testing and treatment intervention difficult for undocumented immigrants (31). In certain instances, these patients have become resistant to first-line anti-TB drugs because they were treated in their countries of origin (32). However, undocumented immigrants placed in detention and correctional facilities should be screened and begin treatment for TB disease (33).

Rationale for Updating and Strengthening TB Control and Prevention Guidelines

Transmission of *M. tuberculosis* continues to be documented within correctional facilities, primarily as a result of undiagnosed TB disease placed in other inmates and correctional staff at risk for TB, and when released, these persons also can infect persons in their communities (16,17,20,21,22,34,35).

Despite the continued transmission of TB in correctional settings, few comprehensive evaluations of the implementation of TB control procedures in correctional facilities have been performed (36--38). Nevertheless, correctional facilities are increasingly basing their TB control procedures on studies and data that support judicious interventions, including screening, case finding, case management, outbreak control, and treatment for LTBI (7,9,14,21,28,33,34,39--46). Improving TB prevention and control practices within these settings is important to prevent and eventually eliminate TB. TB prevention and control practices within correctional facilities should be strengthened for multiple reasons:

- *M. tuberculosis* is spread through the air. One highly infectious person can infect inmates, correctional staff, and visitors.
- Immediate isolation of infectious patients can interrupt transmission of *M. tuberculosis* in the facility.
- Prompt initiation of an adequate regimen of directly observed therapy (DOT)[†] helps ensure adherence to treatment. When a specially trained correctional officer, or a health department employee observes the patient swallowing each dose of medication, treatment can diminish infectiousness, reduce the risk for relapse, and help prevent the development of drug-resistant TB.
- Inmates of correctional facilities have been reported to have relatively high rates of HIV infection; persons who are infected with *M. tuberculosis* are at high risk for progressing from LTBI to TB disease.
- A completed regimen of treatment for LTBI can prevent the development of TB disease in persons who are infected with TB.
- Correctional facility officials have an opportunity to treat inmates who have TB disease or LTBI before such inmates are released.
- Because a substantial proportion of inmates do not have any other access to the health-care system, the correctional facility provides the only health information, intervention, and maintenance.

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Screening

Early identification and successful treatment of persons with TB disease remains the most effective means of preventing disease. Inmates who are likely to have infectious TB should be identified and begin treatment before they are integrated into the general inmate population (i.e., at the time of admission into the correctional system). When possible, newly arrived inmates should not be housed with inmates who are not appropriately screened for TB disease. Screening programs in the correctional setting also allow for the detection of inmates who are at high risk for progressing to TB disease and would likely benefit from a course of treatment. This secondary benefit is limited by inability to initiate and ensure completion of LTBI treatment, particularly in short-term correctional facilities. In a routine (i.e., at least annual) screening of long-term inmates and correctional facility staff (e.g., custody and medical) should be implemented as part of a TB control program (48,49).

How screening activities should be implemented depends on multiple factors, including 1) the type of facility, 2) the prevalence of TB in the facility, 3) the prevalence of TB in the inmates' communities, 4) the prevalence of other risk factors for TB (e.g., HIV) in the community, and 5) the average length of stay of inmates in the facility. The type of screening recommended for a particular facility is determined by the TB transmission within that facility. The risk assessment should be performed at least annually and should be made in collaboration with the health department. A facility's TB risk can be defined as being minimal or nonminimal. A facility has minimal TB risk if

- no cases of infectious TB have occurred in the facility in the last year,
- the facility does not house substantial numbers of inmates with risk factors for TB (e.g., HIV infection and injection drug use),
- the facility does not house substantial numbers of new immigrants (i.e., persons arriving in the United States within the last 5 years) from countries of the world with high rates of TB, and

- employees of the facility are not otherwise at risk for TB.

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Any facility that does not meet these criteria should be categorized as a nonminimal TB risk facility.

Screening Methods

Symptom Screening

Whenever possible, health-care professionals should perform the initial screening. However, correctional officers in jails (pa numbers of inmates) frequently administer health intake questionnaires. If custody staff members conduct the intake screenir periodic training in taking a medical history, making necessary observations, and determining the appropriate disposition of possible medical problems. Staff conducting medical intake should receive appropriate counseling and education regarding r During their initial medical screening, inmates should be asked if they have a history of TB disease or if they have been treat previously. Documentation of any such history should be obtained from medical records, if possible. Inmates should be observe evidence of significant weight loss. All incoming inmates in any size jail, prison, or other detention facility (e.g., immigration) immediately screened for symptoms of pulmonary TB by being asked if they have had a prolonged cough (i.e., one lasting \geq sputum), or chest pain. The index of suspicion should be high when pulmonary symptoms are accompanied by general, syste chills, night sweats, easy fatigability, loss of appetite, and weight loss). Inmates should be interviewed systematically (i.e., us to determine whether they have experienced symptoms in recent weeks. Inmates who have symptoms suggestive of TB disea thorough medical evaluation, including a TST or QFT-G, a chest radiograph, and, if indicated, sputum examinations.

Persons with symptoms suggestive of TB disease or with a history of inadequate treatment for TB disease should be immedi they have undergone a thorough medical evaluation. If deemed infectious, such persons should remain in isolation until treat noninfectious. Facilities without an on-site AII room should have a written plan for referring patients with suspected or confi equipped to isolate, evaluate, and treat TB patients.

Symptom screening alone is an unsatisfactory screening mechanism for TB, except in facilities with a minimal risk for TB tr screening alone often will fail to detect pulmonary TB in inmates.

Chest-Radiograph Screening

Screening with chest radiographs can be an effective means of detecting new cases of unsuspected TB disease at intake to a c radiographic screening requires fewer subsequent visits than a TST (i.e., only those inmates with suspicious radiographs or T However, such screening will not identify inmates with LTBI. One study demonstrated that screening inmates with a chest ra finding rate and reduced the time from intake into the correctional facility to isolation substantially compared with TST testin respectively), thereby reducing the risk for TB exposure for other inmates and staff (50). Digital radiographs (miniature or fu and improved storage and readability. A miniature radiograph can be performed in <1 minute and exposes the patient to appr dose of a conventional radiograph. One cost-effectiveness analysis of miniature chest radiography for TB screening on admis cases were detected with this method than either TST or symptom screening, and the cost of radiograph screening was less p which radiologic screening is used in a given institution should be dictated by multiple factors, including 1) local epidemiolo 2) inmate length of stay; 3) the ability of the health-care professionals within the facility to conduct careful histories, tubercu cross-matches with state TB registries; and 4) timeliness of the radiographic study and its reading. Screening with chest radie certain jails and detention facilities that house substantial numbers of inmates for short periods and serve populations at high prevalence of HIV infection or history of injection-drug use and foreign-born persons from countries in which TB prevalence Inmates who are infected with HIV might be anergic and consequently might have false-negative TST results. However, rou recommended because it has not been demonstrated to assist in diagnosing or excluding LTBI (52). In facilities that do not p screening for all inmates, a chest radiograph should be part of the initial screening of HIV-infected patients and those who ar whose status is unknown.

In facilities with on-site radiographic screening, the chest radiograph should be performed as part of intake screening and rea preferably within 24 hours. Persons who have radiographs suggestive of TB should be isolated immediately and evaluated fu examinations should be performed for inmates whose chest radiographs are consistent with TB disease and might be indicate are symptomatic, regardless of their TST, QFT-G, or chest radiograph results because persons with HIV and TB disease mig radiographs in addition to false-negative TST or QFT-G results.

Mantoux TST Screening

Tuberculin skin testing using 0.1 mL of 5 tuberculin units (TU) of purified protein derivative (PPD) is the most common met Multiple-puncture tests (e.g., the tine test) should not be used to determine whether a person is infected. Persons who have a TST result (with a millimeter [mm] reading), a documented history of TB disease, or a reported history of a severe necrotic r exempt from a routine TST. For persons with a history of severe necrotic reactions and without a documented positive result G may be substituted for the TST. Otherwise, such persons should be screened for symptoms of TB and receive a chest radioc recently (i.e., within 6 months) and are not symptomatic. Pregnancy, lactation, or previous vaccination with Bacillus Calmett contraindications for tuberculin skin testing. The TST is not completely sensitive for TB disease; its sensitivity ranges from 7 limitation, skin testing, along with use of a symptom review, frequently constitutes the most practical approach to screening :

A trained health-care professional should place the TST and interpret the reaction 48--72 hours after the injection by measuring palpable swelling) at the injection site. The diameter of the indurated area should be measured across the width of the forearm (the skin) should not be measured. All reactions, even those classified as negative, should be recorded in millimeters of induration. In the majority of cases, a TST reaction of ≥ 10 mm induration is considered a positive result in inmates and correctional facilities. Induration of ≥ 5 mm is considered a positive result in the following persons:

- persons infected with HIV,
- persons who are recent contacts of patients with TB disease,
- persons with fibrotic changes on chest radiograph consistent with previous TB disease,
- organ transplant recipients and patients with other immunocompromising conditions (e.g., persons receiving ≥ 15 mg and
- persons suspected of having TB disease.

Persons who have a positive TST result and no symptoms suggestive of TB disease should be evaluated with a chest radiograph. If the test is interpreted. Persons who have symptoms suggestive of TB disease should be evaluated immediately and placed in an Isolation Room (Symptom Screening).

The use of two-step testing can reduce the number of positive TSTs that would otherwise be misclassified as recent skin-test screenings. Certain persons who were infected with *M. tuberculosis* years earlier exhibit waning delayed-type hypersensitivity. If skin tested years after infection, they might have a false-negative TST result (even though they are truly infected). However, infection might stimulate the ability to react to subsequent tests, resulting in a "booster" reaction. When the test is repeated, it is misinterpreted as a new infection (recent conversion) rather than a boosted reaction. For two-step testing, persons whose baselines are retested 1--3 weeks after the initial test. If the second test result is negative, they are considered not infected. If the second test is positive, they are classified as having had previous TB infection. Two-step testing should be considered for the baseline testing of persons who are and who will receive repeated TSTs as part of an institutional periodic skin-testing program. In the majority of cases, a two-step test is used because of the short average length of stay of inmates.

In the past, a panel of other common antigens was often applied with the TST to obtain information regarding the competence of the immune system and to identify anergy. More recently, however, anergy testing has been demonstrated to be of limited usefulness because of lack of standardization and reproducibility, the low risk for TB associated with a diagnosis of anergy, and the lack of apparent benefit of anergic HIV-infected persons. Therefore, the use of anergy testing in conjunction with a TST is no longer recommended for *M. tuberculosis* infection in the United States (52).

Intracutaneous inoculation with BCG is currently used worldwide as a vaccine against TB. BCG is a live attenuated *Mycobacterium bovis* strain that stimulates the immune system to protect against TB. No reliable method has been developed to distinguish TST reactions caused by BCG from those caused by natural mycobacterial infections, although reactions of ≥ 20 mm of induration are not likely caused by BCG (55). Therefore, TST results for persons who have been vaccinated with BCG, and the TST results of such persons are used to support or exclude the diagnosis of TB. The diagnosis of *M. tuberculosis* infection and treatment for LTBI should be considered for any BCG-vaccinated person who has criteria for interpretation of TST results are used for both BCG-vaccinated and nonvaccinated persons (56).

Quantiferon[®]-TB Gold Test

In May 2005, the U.S. Food and Drug Administration (FDA) licensed QFT-G. This in-vitro diagnostic test measures the amount of gamma interferon released by cells in whole blood that have been stimulated by mycobacterial peptides. The peptides used in the test mimic proteins known to be present in *M. tuberculosis* but absent from all BCG strains and from the majority of commonly encountered non-tuberculous mycobacteria. QFT-G is intended for use as a diagnostic tool for *M. tuberculosis* infection, including both TB disease and LTBI. As with a TST, QFT-G is used to diagnose LTBI and TB disease and should be used in conjunction with risk assessment, radiography, and other diagnostic evaluations. The advantages of QFT-G compared with TST are that 1) results can be obtained after a single patient visit, 2) the variability associated with skin-test reactions is reduced, 3) "reading" is performed in a qualified laboratory, and 3) QFT-G is not affected by previous BCG vaccination and eliminates the need for persons with false-positive results. QFT-G does not affect the result of future QFT-G tests (i.e., no "boosting" occurs). Limitations of QFT-G include the need for phlebotomy, the need to process blood specimens within 12 hours of collection for the most recent version of the test, the need to process the test, and a lack of clinical experience in interpreting test results. The elimination of the second visit for reading the test may render the QFT-G competitive in cost-benefit considerations.

Although the performance of QFT-G has not been evaluated sufficiently in select populations of interest (e.g., HIV-infected persons), it is recommended that QFT-G is as sensitive as TST for detection of TB disease and more specific than TST for detection of LTBI (57,58). CDC recommends that QFT-G can be used in place of TST in all circumstances in which TST is currently used (58). This includes use of QFT-G for correctional facility inmates and employees and testing of exposed persons in contact investigations. Because data are insufficient to recommend QFT-G in certain clinical situations, as with a negative TST result, a negative QFT-G result alone might not be sufficient to rule out TB in these situations. Examples of such clinical scenarios include those involving patients with severe immunosuppression who are being treated for TB and patients being treated or about to undergo treatment with potent tumor necrosis factor alpha (TNF- α) antagonists.

Use of Local Health Department TB Registry

Correctional facilities and local health departments should collaborate to ensure effective TB screening in the correctional setting.

inaccurate information on admission for multiple reasons, ranging from forgetfulness and confusion to deliberate misrepresentation. Facilities should perform cross-matches with the local TB registry and search for matches on known aliases, birth dates, maiden names, and other identifying information on inmates suspected of having TB infection. A readily accessible record of previous TB history, drug-susceptibility patterns, and other information is useful in determining the disposition of a given patient with suspected TB.

Initial Screening

The following procedures should be used for the initial screening of inmates and detainees (depending on their length of stay at the facility) and for all correctional facility employees, regardless of the type of facility.

Inmates in Minimal TB Risk Facilities

Inmates in all minimal TB risk correctional and detention facilities should be evaluated on entry for symptoms of TB. Persons should be evaluated immediately to rule out the presence of infectious disease and kept in an AII room until they are evaluated. If the facility does not have an AII room, the inmate should be transported to a facility that has one. In addition, all newly arrived inmates should be evaluated for clinical conditions that increase the risk for infection or the risk for progressing to TB disease, including the following:

- HIV infection,
- recent immigration,
- history of TB,
- recent close contact with a person with TB disease,
- injection-drug use,
- diabetes mellitus,
- immunosuppressive therapy,
- hematologic malignancy or lymphoma,
- chronic renal failure,
- medical conditions associated with substantial weight loss or malnutrition, or
- history of gastrectomy or jejunioileal bypass.

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Persons with any of these conditions require further screening with a TST, a QFT-G, or a chest radiograph within 7 days of arrival. Persons with a positive QFT-G result, inmates known to have HIV infection or other severe immunosuppression, and those who are at risk for HIV infection but whose HIV status is unknown, should have a chest radiograph taken as part of the initial screening. Persons who have an abnormal chest radiograph should be further evaluated. If TB disease is excluded as a diagnosis, LTBI therapy should be considered if the TST or QFT-G result is positive.

Inmates in Nonminimal TB Risk Prisons

Immediately on arrival, all new inmates should be screened for symptoms, and any inmate with symptoms suggestive of TB disease should be evaluated promptly for TB disease. If the facility does not have an AII room, the inmate should be transported to a facility that does have one. Inmates without symptoms require further screening with a TST, a QFT-G, or a chest radiograph within 7 days of arrival. Regardless of the TST or QFT-G result, inmates known to have HIV infection or other severe immunosuppression, and those who are at risk for HIV infection but whose HIV status is unknown, should have a chest radiograph taken as part of the initial screening. Persons who have an abnormal chest radiograph should be further evaluated. If TB disease is excluded as a diagnosis, LTBI therapy should be considered if the TST or QFT-G result is positive.

As the rate of TB disease in the United States has decreased, identification and treatment of persons with LTBI who are at high risk of progression to TB disease have become essential components of the TB elimination strategy promoted by ACET (59). Targeted testing using the TST or QFT-G for TB disease who would benefit from treatment for LTBI. Prisons offer an excellent public health opportunity for identifying persons who can be screened for TB infection and placed on LTBI therapy, if indicated. If the TST is used, a two-step testing procedure should be used, starting with obtaining a baseline reading. A single step QFT-G is an adequate baseline. Inmates with a positive test should be evaluated for TB disease. If the test is excluded.

Inmates in Nonminimal TB Risk Jails and Other Short-Term Detention Facilities

As in prisons, all new detainees in nonminimal TB risk jails should be screened on entry for symptoms, and any detainee with symptoms suggestive of TB disease should be placed immediately in an AII room and evaluated promptly for TB disease. If the facility does not have an AII room, the detainee should be transported promptly to a facility that does have one. Detainees without symptoms require further screening with a TST, a QFT-G, or a chest radiograph within 7 days of arrival. Regardless of the TST or QFT-G result, detainees known to have HIV infection, and those who are at risk for HIV infection but whose HIV status is unknown, should have a chest radiograph taken as part of the initial screening. Persons who have a positive result should be further evaluated for TB disease.

The primary purpose of screening in correctional settings is to detect TB disease. TST or QFT-G screening in jails to initiate LTBI therapy because of the high rate of turnover and short lengths of stay. Although not all jail detainees have short lengths of stay, determining the length of stay in jail for a long term is difficult. Nationwide, approximately half of persons detained in local jails are released within 48 hours. If all detainees can be tested at intake, a large proportion will be unavailable to have their TSTs read or to be evaluated when QFT-G results are available. If those still in custody, a substantial percentage will be released before the radiographic and medical evaluation is completed. In a study conducted at a county jail in Illinois who had a positive TST result were released or transferred before their evaluation could be completed. A substantial proportion of detainees who are incarcerated long enough to begin LTBI therapy will be released before completion.

San Francisco study indicated that approximately 62% of detainees who were started on LTBI treatment were released before completion of the challenges of implementing a testing and treatment program for LTBI in jails with highly dynamic detainee populations. A targeted approach of performing TSTs only on new detainees who are at high risk for TB disease (e.g., detainees with known TB and treating LTBI) are most effective within the jail setting if resources dedicated to discharge planning and reliable access to medical care are available. Modest interventions (e.g., education and incentives [see Glossary]) in the jail setting can lead to improvements in postrelease medical care and increase the likelihood that therapy will be completed (60,61).

Persons in Holding or Booking Facilities

City, county, and other law enforcement authorities frequently have facilities that hold arrestees and detainees for short periods of multiple days. TB symptom screening is recommended for all persons at the time of entry into these facilities. Any detainee with TB should be immediately isolated and transferred to a facility or hospital in which the detainee can be placed in an AII room to prevent disease.

Employees in All Correctional and Detention Facilities

A medical history relating to TB should be obtained from and recorded for all new employees at the time of hiring, and a physical examination should be required. The results of the screening and examination should be kept confidential; access should be granted to public health medical professionals only when necessary. In addition, a TST or QFT-G should be mandatory for all employees who do not have a positive result. To improve the accuracy of the baseline result, a two-step TST or a single-step QFT-G should be used for the employees who have not been tested during the preceding 12 months. Persons who have a positive TST or QFT-G result should have a chest radiograph interpreted and should be required to have a thorough medical evaluation; if TB disease is excluded as a diagnosis, such persons should receive therapy. All employees should be informed that they should seek appropriate follow-up and testing for TB if they are immunocompromised (e.g., HIV infection). Any employee who has symptoms suggestive of TB should not return to the workplace until a clinician has ruled out infectious TB disease.

Other Persons Who Might Need to be Screened

Certain persons who are neither inmates nor employees but who visit high-risk facilities on a regular basis also should be considered for screening. These persons might include contractors (e.g., food handlers and service workers), volunteers, and those providing religious ministry. All such persons should follow the same procedures as those outlined for employees.

Periodic Screening

Long-term inmates and all employees who have a negative TST or QFT-G result should have follow-up testing at least annually. Persons with a positive test result should be screened for symptoms of TB disease. Annual chest radiographs are unnecessary for the follow-up of persons with a positive test result. Test results should be recorded in medical records and in a retrievable aggregate database of all TST or QFT-G results. All screening information should be kept confidential.

Correctional facilities can use multiple strategies to ensure annual screening of long-term inmates for newly acquired TB infection. Facilities should schedule annual screening on the inmate's date of birth or on the anniversary of the inmate's most recent test. Other institutional strategies include random movement and screen the entire population on the same day every year. Methods of screening a subset of the inmate population are also beneficial because they provide an ongoing assessment of *M. tuberculosis* transmission within the facility.

Results from TST or QFT-G testing should be analyzed periodically to estimate the risk for acquiring new infection in a correctional facility. A conversion analysis should be completed by using only the test results of facility employees and inmates who have remained in the facility between testing. The conversion rate equals the number of employees or inmates whose test results have converted from negative to positive (numerator) during a specific interval divided by the total number of previously negative employees or inmates who were tested (denominator). In certain facilities, conducting an analysis of test results for specific areas or groups within the facility might be useful. More frequent screening is needed when a conversion rate is substantially higher than previous rates or when other evidence of TB disease is detected. A cluster (i.e., either two or more patients with TB disease that are linked by epidemiologic or genotyping data or two or more conversions occurring in the correctional facility among inmates who are epidemiologically linked) or other evidence of persons with TB warrants additional epidemiologic investigation and possibly a revision of the facility's TB prevention and control protocol.

Facilities in which the risk for infection with *M. tuberculosis* is minimal might not need to maintain a periodic screening program. In these facilities, TST or QFT-G testing of employees would enable medical staff to distinguish between a TST or QFT-G conversion and a positive result caused by a previous exposure to *M. tuberculosis*. A decision to discontinue periodic employee screening should be made in consultation with the health department.

HIV Counseling, Testing, and Referral

HIV counseling, testing, and referral (CTR) should be routinely recommended for all persons in settings in which the population is at increased risk for acquiring or transmitting HIV infection, regardless of setting prevalence (62). Because correctional facilities have a high-risk population, the population is at increased risk for acquiring or transmitting HIV, routine HIV CTR is recommended for inmates. Further, HIV is a risk factor for progression from LTBI to TB disease (63,64). Therefore, HIV CTR should be routinely offered to all inmates with LTBI or TB disease if their HIV infection status is unknown at the time of their LTBI or TB disease diagnosis (64,65). Correctional facilities should be particularly aware of the need for preventing transmission of *M. tuberculosis* in settings in which persons infected with HIV are present (66).

Use of Data to Refine Policies and Procedures

Correctional and detention facilities are strongly encouraged to collect and analyze data on the effectiveness of their TB screening. Working in conjunction with their state or local TB-control program, correctional and detention facilities should refine their policies as indicated by such data. In the absence of local data that justify revision, correctional and detention facilities should adhere to the policies detailed above.

Case Reporting

All states require designated health-care professionals to report suspected and confirmed cases of TB to their local or state health department. Reporting is mandatory for all correctional facilities, whether private, federal, state, or local. Correctional facility medical staff should report TB cases among inmates or employees to the appropriate health agency in accordance with state and local laws and regulations, whether the person has already been released or transferred from the facility. Reporting cases to health departments benefits the correctional facility by providing the department resources for case management and contact investigation in both the facility and the community. For each suspected case, the exclusion of a diagnosis of TB should be entered immediately into 1) the person's medical record, 2) the retrievable aggregate database at the facility, and 3) the database at a centralized office if the system has multiple facilities. In addition, drug-susceptibility results should be reported to the health department for use in monitoring the rates of drug resistance in the health department's jurisdiction. Drug-susceptibility results should be reported to health departments managing the infectious person's contacts because the choice of medication for LTBI treatment is based on these results (64). Reports to local or state health departments should identify the agency that has custodial responsibility for the inmate (e.g., state corrections agency, ICE, Federal Bureau of Prisons [FBOP], and U.S. Marshals Service [USMS]) and the corresponding identification number for that agency (e.g., U.S. alien number, FBOP number, or USMS number). Federal law enforcement agencies frequently contract with private detention facilities. Therefore, custodial authority and corresponding custody identification numbers should be verified with the detention facility medical staff might not have this information available.

Isolation in an Airborne Infection Isolation Room

Initiation

TB airborne precautions should be initiated for any patient who has signs or symptoms of TB disease or who has documented TB disease, completed treatment or not been determined previously to be noninfectious.

Discontinuation

For patients placed in an AII room because of suspected infectious TB disease of the lungs, airways, or larynx, airborne precautions should be discontinued if TB disease is considered unlikely and either 1) another diagnosis is made that explains the clinical syndrome or 2) three acid-fast bacilli (AFB) sputum-smear results (67,68). The three sputum specimens should be collected 8--24 hours apart (69) (e.g., early morning specimen (because respiratory secretions pool overnight)). Typically, this will allow patients with negative sputum results from an AII room in 2 days. Incarcerated patients for whom the suspicion of TB disease remains after the collection of three negative results should not be released from airborne precautions until they are on standard multidrug anti-TB treatment and are clinically improving. Patients with TB disease who have negative AFB sputum-smear results can still be infectious (70), patients with suspected disease who have negative sputum results should not be released to an area in which other patients with immunocompromising conditions are present. A patient who has drug-susceptible TB of the lung, airways, or larynx, is on standard multidrug anti-TB treatment, and has had a bacteriologic response to therapy (i.e., reduction in cough, resolution of fever, and progressively decreasing quantity of AFB sputum) is no longer infectious. However, because culture and drug-susceptibility results are not typically known when the decision to discontinue precautions is made, all patients with confirmed TB disease should remain in an AII room while incarcerated until they

- have had three consecutive negative AFB sputum-smear results collected 8--24 hours apart, with at least one being from an early morning specimen
- have received standard multidrug anti-TB treatment, and
- have demonstrated clinical improvement.

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Because the consequences of transmission of MDR TB (i.e., TB that is resistant to isoniazid and rifampin) are severe, health-care facilities should choose to keep persons with suspected or confirmed MDR TB disease in an AII room until negative sputum-culture results have been obtained and negative AFB sputum-smear results.

Environmental Controls

Overview

Guidelines for preventing transmission of *M. tuberculosis* in health-care settings and for environmental infection control in health-care facilities have been published previously (71,72). These guidelines and this report can be used to educate correctional facility staff regarding use of environmental infection-control programs.

Environmental controls should be implemented when the risk for TB transmission persists despite efforts to screen and treat persons with TB disease. Environmental controls are used to remove or inactivate *M. tuberculosis* in areas in which the organism could be transmitted. Primary environmental controls include controlling the source of infection by using local exhaust ventilation (e.g., hoods, tents, or booths) and diluting and removing airborne infectious droplet nuclei. These controls help prevent the spread and reduce the concentration of airborne infectious droplet nuclei (see Gl

work in conjunction with administrative controls such as isolation of inmates with suspected TB disease detected through screening. Secondary environmental controls consist of controlling the airflow to prevent contamination of air in areas adjacent to the source (AII room) using a HEPA filter or ultraviolet germicidal irradiation [UVGI]) to increase the number of equivalent ACH.⁹ The efficiency of different environmental controls varies; details concerning the application of these controls to prevent transmission of *M. tuberculosis* are published previously (71). To be effective, secondary environmental controls should be used and maintained properly, and their use should be recognized. The engineering design and operational efficacy parameters for UVGI as a secondary control measure (room air UVGI, and in-duct UVGI) continue to evolve and require special attention in their design, selection, and maintenance. Exposure to *M. tuberculosis* within correctional facilities can be reduced through the effective use of environmental controls (isolation of infectious inmate) or in general areas. Source-control techniques can prevent or reduce the spread of infectious droplet nuclei from the source has been identified and the generation of the contaminant is localized by collecting infectious particles as they are generated. It is particularly prudent during procedures that are likely to generate infectious aerosols (e.g., bronchoscopy and sputum induction) that infectious TB disease are coughing or sneezing.

Unsuspected and undiagnosed cases of infectious TB disease contribute substantially to disease transmission within correctional facilities. In attempting to control this type of transmission, source control is not a feasible option. Instead, general ventilation and air cleaning are the primary environmental control. General ventilation can be used to dilute the air and remove air contaminants and to control airflow patterns in correctional facility settings. Air-cleaning technologies include mechanical air filtration to reduce the concentration of *M. tuberculosis* and to kill or inactivate microorganisms so they no longer pose a risk for infection.

Ventilation systems for correctional facility settings should be designed, and modified when necessary, by ventilation engineers, infection control practitioners and occupational health staff. Recommendations for designing and operating ventilation systems in correctional facilities are published (48,49,74--76). The multiple types of and conditions for use of ventilation systems in correctional-facility settings are discussed, and settings preclude provision of extensive guidance in this report.

Incremental improvements in environmental controls (e.g., increasing the removal efficiency of an existing filtration system) can reduce the potential for TB transmission from persons with unsuspected or undiagnosed TB. This information should not be used in place of a professional who can advise on ventilation system and air handling design, selection, installation, and maintenance. Because environmental controls must be properly operated and maintained, routine training and education of infection-control and maintenance staff are key components of an infection control program.

Airborne Infection Isolation Rooms

Inmates known or suspected of having TB disease should be placed in an AII room or AII cell that meets the design and operational requirements for airborne infection isolation described previously (71). Inmates deemed infectious should remain in isolation until treatment or further testing shows they are noninfectious. Facilities without an on-site AII room should have a written plan for referring patients with suspected or confirmed TB to a facility equipped to isolate, evaluate, and treat TB patients.

New or renovated facilities should ensure that a sufficient number of AII rooms are available consistent with the facility risk level. If an AII room is not available and the immediate transfer of the inmate with suspected infectious TB is not possible, the inmate should be housed temporarily in a room that has been modified to prevent the escape of infectious aerosols outside the TB holding area. The HVAC conditioning (HVAC) system in this temporary TB holding area might have to be manipulated or augmented with auxiliary equipment to create a flow of air that reduces the potential escape of infectious aerosols. If possible, air from these areas should be exhausted directly to the outdoors. If not feasible, the highest filtration efficiency compatible with the installed HVAC system should be used. Because TB droplet nuclei are 1-5 micrometers in size, filtration efficiency should be evaluated for particles in that size range. Filter selection based on the American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE) Standard 52.2 Minimum Efficiency Reporting Value (MERV) is recommended for this evaluation (77). Secondary air cleaning techniques (portable air cleaners and UVGI) also can be used in these areas to improve air quality.

Local Exhaust Ventilation

Aerosol-producing procedures should be performed in an area with a type of local exhaust ventilation that captures and removes aerosols near their source without exposing persons in the area to infectious agents. Local exhaust devices typically use hoods. Two types of devices, in which the hood either partially or fully encloses the infectious source, and exterior devices, in which the infectious source is enclosed in a hood. Fully enclosed hoods, booths, or tents are always preferable to exterior devices because of their superior ability to prevent aerosol escape. Enclosing devices should have sufficient airflow to remove $\geq 99\%$ of airborne particles during the interval between the departure of one person and the arrival of the next. The time required to remove a given percentage of airborne particles from an enclosed space depends on 1) the volume of the space, 2) the ventilation inlet and outlet, and 3) the physical configuration of the room or booth. The time interval required to ensure the percentage of airborne contaminant removal from enclosing devices varies according to ACH (Table 1). For example, if an enclosing device operates at 10 ACH, 46 minutes would be required to remove 99% of the contaminant after the procedure has ended. Similarly, an additional 23 minutes (total time: 69 minutes) would be required to increase the removal to 99.9% if the ventilation rate decreases the waiting time by half.

General Ventilation

General ventilation is used to 1) dilute and remove contaminated air, 2) control the direction of airflow in a correctional facility, and 3) control airflow patterns in rooms. Recommended ventilation rates for correctional facility settings are typically expressed in ACH. Ventilation rates are discussed in detail in the following sections.

areas in new or renovated correctional facility settings should be followed (Table 2). The feasibility of achieving a specific ventilation construction and operational requirements of the ventilation system and might differ for retrofitted and newly constructed facilities. Achieving a high ventilation rate might be reasonable for new construction but not be as feasible when retrofitting an existing facility. Ventilation design guidance for correctional facilities and related areas has been published (78). This design guidance includes recommendations regarding total ventilation, filtration efficiency, and environmental design parameters. For minimum outdoor air supply, the guidance refers to ASHRAE Standard 62, Ventilation for Acceptable Indoor Air Quality. In 2004, ASHRAE revised and ANSI/ASHRAE Standard 62.1 (74). For areas within correctional facilities that are not intended to contain persons with infectious diseases, minimum outdoor air supply rates should meet or exceed those recommended in ANSI/ASHRAE Standard 62.1-2004 (74). An enhanced potential for undiagnosed cases of infectious TB, facility designers and owners may consider using higher supply rates than recommended for areas within health-care facilities anticipated to contain infectious patients). Minimum outdoor air supply rates for correctional facilities have been published (71,79). Because correctional areas frequently will not have an exact equivalent area within the facility, the designer or owner should identify an analogous health-care area from which to choose the outdoor air supply recommendation on the basis of occupant risk factors for TB, occupant activities, and occupant density within the area. For example, the intake area of a higher risk correctional facility might be considered analogous to the emergency waiting room area in a health-care facility. The outdoor air supply would be at least two ACH.

The direction of air movement relative to adjacent areas is necessary for the containment of contaminated air. Air within a cell should minimize exposure of others within the building (Table 2). For example, air inside an AII room or cell should flow from the worker across the worker, then across that patient, and finally out of the room. To ensure that air is flowing from the corridor into an AII room, this should be performed daily, even if the AII room or cell is equipped with a pressure-sensing device. Air flow (supply air and exhaust air) should be checked at least annually and compared with the designed air flow rates to ensure that optimal directional air flow and air exchange rate are maintained.

Air Cleaning Methods

Detailed information has been published regarding the selection, design, maintenance, and safety considerations associated with HEPA filtration and UVGI (71). Designers and end users should consult this information. Air removed from areas likely to contain sputum collection and other procedure rooms, and intake areas) should be exhausted directly to the outdoors to ensure that it does not pose a hazard to persons outside, in accordance with applicable federal, state, and local regulations. If discharging to the outdoors, HEPA filters should be used to clean the air before returning to the general ventilation system. Such recirculation is acceptable only if the air is exhausted back into the same general area from which it originated.

For general population areas in which infectious aerosols are not anticipated but might be present (from persons with undiagnosed TB), ventilation should be considered where and when the outdoor environmental conditions (temperature and humidity) are comfortable without undue energy or equipment costs. When recirculating air from these areas, the minimum ASHRAE-recommended level of outdoor air (78). However, CDC encourages selection and use of filters with higher MERV ratings to provide an incremental improvement in air cleaning. The filtration system should be designed to prevent filter by-pass and to allow filter leakage testing and safe air cleaning methods (e.g., MERV-rated filters and supplemental UVGI) may be used to increase effective air cleaning.

When used, UVGI should be applied in-duct (i.e., inside the ductwork of existing HVAC systems) or in the upper room of the facility where organisms are inactivated. Upper-air systems should be designed, installed, and monitored to ensure both sufficient irradiation of *M. tuberculosis* and safe levels of UVGI in the occupied space.

Environmental Control Maintenance

To be most effective, environmental controls should be installed, operated, and maintained correctly. Ongoing maintenance should be included in the infection-control plan. The plan should outline the responsibility and authority for maintenance and address staff training needs. Failure to maintain environmental control systems properly has adversely impacted TB control and prevention efforts at facilities. At one hospital, improperly functioning ventilation controls were believed to be a factor in the transmission of MDR TB disease (to a correctional officer), three of whom died (80). In three other multihospital studies evaluating the performance of AII rooms, air-pressure differentials (whether manually or through use of continuous monitoring devices) resulted in a substantial percentage of rooms with positive pressure (81--84).

Correctional facilities should schedule routine preventive maintenance that covers all components of the ventilation systems (filters, diffusers, and exhaust grilles) and any air-cleaning devices in use. Performance monitoring should be conducted to verify that the systems are operating as designed. Performance monitoring should include 1) directional airflow assessments using smoke tubes and use of manometers sensitive to pressures at 0.001 inch of water gauge and 2) measurement of supply and exhaust airflows to compare with recorded design values in respective areas of the facility. Records should be kept to document all preventive maintenance and repairs.

Standard procedures should be established to ensure that 1) maintenance staff notify infection-control personnel before performing maintenance on ventilation systems servicing inmate-care areas and 2) infection-control staff request assistance from maintenance personnel in checking and testing local exhaust devices (e.g., booths, hoods, and tents) before use. A protocol that is well written and followed will help to prevent the release of correctional facility staff and inmates to infectious aerosols. Proper labeling of ventilation system components (e.g., ducts, fans, and air-flow paths). Clearly labeling which fan services a given area will help prevent accidental shutdowns (85). In addition, providing emergency power to avoid interruptions in the performance of essential environmental controls during a power failure.

Respiratory Protection

Considerations for Selection of Respirators

Respiratory protection is used when administrative (i.e., identification and isolation of infectious TB patients) and environmental measures have reduced the risk for infection with *M. tuberculosis* to an acceptable level. The use of respiratory protection is most appropriate within correctional facilities. For example, protection is warranted for inmates and facility staff when they enter AII rooms, participate in cough-inducing procedures.

Respirators should be selected from those approved by CDC/National Institute for Occupational Safety and Health (NIOSH) Part 84 of the Code of Federal Regulations (86). Decisions regarding which respirator is appropriate for a particular situation are based on a risk assessment of the likelihood for TB transmission.** For correctional facilities, a CDC/NIOSH-approved N95 respirator provides adequate respiratory protection in the majority of situations that require the use of respirators. If a higher level of respiratory protection is available, additional information on other classes of air-purifying respirators and powered air-purifying respirators (PAPRs) is available. The level of respiratory protection is affected by 1) the level of respiratory protection selected (i.e., the assigned protection factor), 2) the respirator model, 3) the care taken in donning the respirator, and 4) the effectiveness of the respiratory protection program, including training.

Implementing a Respiratory Protection Program

All facilities should develop, implement, and maintain a respiratory-protection program for health-care workers or other staff. Respiratory-protection programs are required for facilities covered by the U.S. Occupational Safety and Health Administration. Elements of a respiratory protection program include 1) assignment of responsibility, 2) training, and 3) fit testing (71,87,90). Staff members who use respirators for protection against infection with *M. tuberculosis* must participate in the facility's respiratory protection program, receive training, receive medical clearance, and engage in fit testing (71). In addition to staff members, visitors should be offered respirators to wear while in AII rooms and instructed on proper use. Certain regular visitors (e.g., law enforcement officers, ministers and other religious representatives, and attorneys and other legal staff) might be there in an occupational capacity. Facilities should develop a policy on the use of respirators by visitors of patients.

Precautions for Transporting Patients Between Correctional or Detention Facilities

Recommended precautions to take when transporting patients between facilities have been published (71). Patients with suspected TB disease should be transported in an ambulance whenever possible. The ambulance ventilation system should be operated in the recirculate mode. The maximum amount of outdoor air should be provided to facilitate dilution. If the vehicle has a rear exhaust fan, it should be used during transport. The vehicle should be equipped with a supplemental recirculating ventilation unit that passes air through HEPA filters before returning it to the vehicle. The number of ACH should be increased. Airflow should be from the cab (i.e., front of vehicle) over the patient and out the rear exhaust. The ventilation system for the vehicle should bring in as much outdoor air as possible, and the system should be set to nonrecirculate. The patient compartment should be physically isolated from the rest of the vehicle, and the patient should be placed in the rear seat. Drivers or other personnel transporting patients with suspected or confirmed infectious TB disease in an enclosed vehicle should wear at least an N95 disposable respirator. If a patient has symptoms of infectious TB disease (i.e., positive AFB sputum-smear result), consideration might be given to having the patient wear a mask, if possible, during transport, in waiting areas, or when others are present.

Diagnosis and Treatment of Latent Tuberculosis Infection and Tuberculosis

The principles of diagnosis and treatment of LTBI and TB disease discussed in this section are guidelines and not meant to substitute for clinical judgment. Medical providers not familiar with the management of LTBI and TB disease should consult a person with expertise in TB and should include TB control operations procedures should include plans for consultation with and referral to persons with expertise in TB and should include TB control consultation and referral are indicated.

Although the index of suspicion for TB disease varies by individual risk factors and prevalence of TB in the population served, correctional facilities typically are considered higher-risk settings (see Screening). A diagnosis of TB disease should be considered if a person has a persistent cough (i.e., one lasting ≥ 3 weeks) or other signs or symptoms compatible with TB disease (e.g., hemoptysis, night sweats, fever). Diagnostic tests for TB include the TST, QFT-G, chest radiography, and laboratory examination of sputum samples. Persons exposed to inmates with TB disease might become latently infected with *M. tuberculosis* depending on host immune response. Therefore, the treatment of persons with TB disease plays a key role in TB control by stopping transmission and preventing new cases from occurring (92). LTBI is an asymptomatic condition that can be diagnosed by the TST or QFT-G.

Interpreting TST Results

A baseline screening TST result of ≥ 10 mm induration is considered positive for the majority of correctional facility staff and inmates. However, for correctional facility staff and inmates who have had a previous (baseline) TST result of ≥ 10 mm (i.e., close contact with an inmate or staff member with infectious TB disease) after having a previous (baseline) TST result of < 10 mm should be considered positive and interpreted as a new infection. Correctional facility staff and inmates with a screening TST result of < 10 mm, who are subsequently exposed to TB disease, should be considered newly infected if they have TST values that increase by ≥ 6 mm. For example, a baseline TST result with 8 mm induration and a repeat TST result 1 year later with 14 mm induration would indicate a new infection. A repeat TST result with 12 mm induration would not indicate a new infection.

When decisions are made for the diagnosis and treatment of LTBI and choosing the cut-off value for a positive reaction, certain immunocompromising conditions and known contact with a TB patient) should be assessed. Correctional facility staff and inmates with indeterminate results of 5--9 mm should be advised that their results might be an indication for treatment under certain conditions.

Special Considerations in Interpreting the TST

Interpretation of the TST might be complicated by previous vaccination with BCG, anergy, and the "boosting" effect. Details on how the TST should be interpreted in relation to these possible confounders have been published (64,93).

Correctional Staff and Inmates who Refuse Testing for *M. tuberculosis* Infection

A correctional facility staff member or inmate who refuses testing for *M. tuberculosis* infection should first be educated regarding the importance of screening of correctional facility staff and inmates. If the person continues to refuse to have a TST, the option may be offered for the QFT-G test (and vice versa). The decision to offer an alternative test depends on the reason for refusal and should be consistent with the individual's underlying wishes (e.g., offering QFT-G in place of TST is acceptable if the patient objects to having injection of a substance drawn).

Interpreting the QuantiFERON®-TB Gold Test Data

Interpretation of QFT-G data is initially performed electronically; an approved interpretation method is automatically performed by the manufacturer (Table 4) (58). A complete description of the test's interpretation is included in the product insert.

Persons who have a positive QFT-G result should be referred for a medical and diagnostic evaluation. On serial testing, a person who converts from negative to positive should be referred for medical and diagnostic evaluation and considered to be a QFT-G converter. The decision to refer (based on the person's prevalence of TB disease and personal risk factors) should be assessed when making decisions about the diagnosis and treatment.

Interpreting Chest Radiographs

Persons with Suspected Pulmonary TB

Multiple types of abnormalities demonstrated on chest radiographs are strongly suggestive of pulmonary TB disease, including cavitation, and pleural effusion. Infiltrates can be patchy or nodular and observed in the apical or subapical posterior upper lobe or lower lobes. If radiographic or clinical findings are consistent with TB disease, further studies (e.g., medical evaluation, mycobacterial culture of sputa or tissue, and comparison of current and prior chest radiographs) should be performed (65). Persons with TB pleural effusion should be considered to have unsuspected pulmonary or laryngeal TB disease (94). These patients should be considered infectious until pulmonary and laryngeal TB disease is excluded. Patients with suspected extrapulmonary TB disease also should be suspected of having pulmonary TB until concomitant pulmonary TB disease is excluded. The radiographic presentation of pulmonary TB in HIV-infected persons might be atypical. Apical cavitory disease is less common in HIV-negative patients. More common findings among HIV-infected persons are infiltrates in any lung zone, mediastinal or hilar lymphadenopathy, and normal chest radiograph (65,95--97).

Persons with LTBI

To exclude pulmonary TB disease, a chest radiograph is indicated for all persons in whom LTBI is diagnosed. If chest radiograph is normal, TB, and no symptoms consistent with TB disease are present, persons with positive test results for TB infection should be considered to have LTBI. Persons with LTBI typically have normal chest radiographs, although they might have abnormalities suggestive of previous TB disease. In certain patients with TB symptoms, pulmonary infiltrates might be apparent on chest computed tomography scan but not on chest radiograph. Previous, healed TB disease typically produces radiographic findings that differ from those of active TB disease. These findings include nodules, fibrotic scars, calcified granulomas, and apical pleural thickening. Nevertheless, a chest radiograph is used to distinguish between current and healed TB. Nodules and fibrotic scars might contain slowly multiplying tubercle bacilli. Progression to TB disease. Calcified nodular lesions (i.e., calcified granulomas) and apical pleural thickening indicate lower risk of progression (65).

Pregnant Women

Because TB disease is dangerous to both the mother and the fetus, a pregnant woman who has a positive TST or QFT-G result should receive a chest radiograph (with shielding consistent with safety guidelines) as soon as feasible. If symptoms (e.g., HIV infection) are identified, a chest radiograph might have to be performed during the first trimester of pregnancy (64).

Evaluation of Sputum Samples

Sputum examination is a key diagnostic procedure for pulmonary TB disease (93) and is indicated for the following inmates:

- persons suspected of having pulmonary TB disease because of a chest radiograph consistent with TB disease, particular symptoms suggestive of TB disease;
- persons with chest radiographic findings suggestive of previous, healed TB disease;
- HIV-infected persons with any pulmonary symptoms (regardless of chest radiograph findings); or
- persons suspected of having pulmonary TB disease for which bronchoscopy is planned (all sputum specimens should be cultured for AFB should have been reviewed before proceeding with bronchoscopy [67]).

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Specimen Collection

Persons requiring smear- and culture-sputum examination should submit at least three sputum samples.

hours apart, with at least one specimen collected in the early morning) (71,99). Specimens should be collected in a biosafety cabinet, an induction booth or in an AII room. In resource-limited settings without environmental containment, sputum collection should be performed outdoors. Patients should be instructed how to produce an adequate sputum specimen. A health care professional should supervise and observe the collection of sputum, if possible (93). For patients who cannot produce an adequate sputum specimen, expectoration might be induced by inhalation of an aerosol of warm water.

Laboratory Examination
Detection of AFB in stained smears by microscopy can provide the first mycobacteriologic indication of TB disease. A positive result for AFB in a sputum smear is predictive of increased infectiousness; however, negative results do not exclude a diagnosis of TB disease if clinical suspicion is high. In 2002, only 63% of U.S. patients with TB disease had positive sputum cultures had positive AFB sputum smears (100).

Although smears allow for the detection of mycobacteria, definitive identification, strain typing, and drug-susceptibility testing of *M. tuberculosis* can be performed only via culture (93). A culture of sputum or other clinical specimen that grows *M. tuberculosis* provides a definitive diagnosis of TB disease. In the majority of cases, identification and drug-susceptibility results are available within 28 days using recommended rapid methods (e.g., line probe assays). A negative culture result is obtained in approximately 14% of patients with confirmed pulmonary TB disease. Testing sputum with certain techniques (e.g., nucleic acid amplification [NAA]) facilitates the rapid identification of *M. tuberculosis*, but should not replace culture and drug-susceptibility testing in patients with TB disease (88,101,102). Recommendations for use and interpretation of NAA tests in the diagnosis of TB disease are published previously (101,102).

Laboratories should report positive smear results within 24 hours of collection and positive culture results within 28 days of collection. Notation of the positive culture. Drug-susceptibility tests should be performed on initial isolates from patients with TB disease to guide the identification of an effective anti-TB regimen. Drug-susceptibility tests should be repeated if 1) patients continue to be culture-positive 3 months after initiation of treatment or if 2) persons whose culture results were initially negative subsequently revert to positive (65,93).

Treatment for LTBI

Treatment for LTBI is essential to controlling and eliminating TB disease in the United States because it reduces the risk that TB infection will progress to TB disease (23). Certain persons are at high risk of developing TB disease once infected, and every effort should be made to begin these persons on a standard LTBI treatment regimen so that they complete the entire course of treatment for LTBI. Before treatment for LTBI is started, a health care professional should determine, out by history, medical examination, chest radiography, and when indicated, mycobacteriologic studies, whether the person is a candidate for treatment of LTBI.

Candidates for Treatment of LTBI
Correctional facility staff and inmates in the following high-risk groups should be given treatment for LTBI if the TST is ≥ 5 mm, regardless of age (64,65):

- HIV-infected persons,
- recent contacts of a TB patient,
- persons with fibrotic changes on chest radiograph consistent with previous TB disease, and
- patients with organ transplants and other immunocompromising conditions who receive therapy with corticosteroids or other immunosuppressive drugs for ≥ 1 month.

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All other correctional facility staff and inmates should be considered for treatment of LTBI if they have a positive TST. If QFT-G is used, any correctional facility staff member or inmate with a positive QFT-G result should be considered for LTBI treatment. Decisions regarding initiation of LTBI treatment should include consideration of the likelihood of the patient continuing and completing LTBI treatment under supervision if released. Treatment for LTBI is not necessary if the treatment regimen is completed.

Persons with previously positive TST results who have previously completed treatment for LTBI (with 4 months of rifampin, or another regimen) do not need to be treated again unless concern exists that

occurred. Other persons who might be poor candidates for treatment of LTBI include those with injury or a history of excessive alcohol consumption; active hepatitis and end-stage liver disease and contraindications to the use of isoniazid or pyrazinamide for treatment of LTBI (64,103). If the de patients, baseline and follow-up monitoring of serum aminotransaminases are recommended.

Treatment Regimens for LTBI

Standard regimens have been developed for the treatment of LTBI (Table 5). The preferred treatment of daily isoniazid or biweekly dosing administered by DOT. Although regimens are broadly applicable be considered for certain populations (e.g., patients with HIV infection) and when drug resistance Reports of severe liver injury and death associated with the combination of rifampin and pyrazinamide LTBI prompted ATS and CDC to revise previous recommendations. These recommendations now typically should not be offered for the treatment of LTBI (64,103--107). If the potential benefits su demonstrated risk for severe liver injury and death associated with this regimen and the patient h regimen may be considered; a physician with experience treating LTBI and TB disease should be regimen (103). Clinicians should continue the appropriate use of rifampin and pyrazinamide in st regimens for the treatment of TB disease (65).

For all LTBI treatment regimens, nonadherence to intermittent dosing results in a larger proportion than daily dosing; therefore, all patients on intermittent treatment should receive DOT. In addition with daily dosing of LTBI treatment whenever feasible. Patients with the highest priority for DOT risk for progression from LTBI to TB disease, including persons with HIV infection and persons v infectious patients with pulmonary TB.

Contacts of Patients with Drug-Susceptible TB Disease

Contacts of patients with drug-susceptible TB disease who once tested negative but subsequently had a positive TST (i.e., ≥ 5 mm) should be evaluated for treatment of LTBI. The majority of persons who are infected result within 6 weeks of exposure; therefore, contacts of patients with drug-susceptible TB disease TSTs should be retested 8--10 weeks after the end of exposure to a patient with suspected or confirmed TB. Persons with TB infection should be advised that they can be re-infected with *M. tuberculosis* if re have not been treated previously, HIV-infected persons (regardless of TST result or previous LTBI treatment), persons receiving immunosuppressive therapy (regardless of TST result or previous LTBI treatment) with a known previous (to current exposure) positive TST also should be considered for LTBI treatment. Treatment of LTBI should not be started until a diagnosis of TB disease has been excluded. If the diagnosis is uncertain because of an equivocal chest radiograph, a standard multidrug anti-TB therapy might be necessary, depending on the results of sputum cultures, drug-susceptibility tests, and clinical response. If a diagnosis of TB disease is obtained without initiating therapy for TB disease, treatment for LTBI should not be initiated until the TST result is as negative, which might take 6--8 weeks.

Contacts of Patients with Drug-Resistant TB Disease

Treatment for LTBI caused by drug-resistant *M. tuberculosis* organisms is complex and should be coordinated with the local health department's TB control program and persons with expertise in the management of drug-resistant TB. Often this will require waiting for results of susceptibility testing of the isolate from the patient. Treatment should be guided by in vitro susceptibility test results from the isolate to which the patient is exposed (65,112,113).

Pretreatment Evaluation and Monitoring of Treatment

Routine laboratory monitoring during treatment of LTBI is indicated only for patients with abnormal liver function tests, persons at risk for hepatic disease. Baseline laboratory testing is indicated only for persons infected with HIV, women, women in the immediate postpartum period (typically within 3 months of delivery), persons with chronic liver disease, persons who use alcohol regularly, and persons who have or who are at risk for chronic liver disease. All patients should undergo clinical monitoring at least monthly. This monitoring should include

assessment regarding the signs of hepatitis (i.e., nausea, vomiting, abdominal pain, jaundice, and y
2) education about the adverse effects of the drug(s) and the need for prompt cessation of treatment should adverse effects occur. All aspects of the clinical encounter should be conducted in private a language.

Severe adverse events associated with the administration of tuberculin antigen or treatment of LT (those resulting in hospitalization or death) should be reported to MedWatch, FDA's Safety Information Reporting Program at telephone 800-FDA-1088, by facsimile at 800-FDA-0178, or via the Internet 3500 (available at <http://www.fda.gov/medwatch/safety/3500.pdf>). Instructions regarding the type should be reported are included on MedWatch report forms. In addition, severe adverse effects as treatment should be reported to CDC's Division of Tuberculosis Elimination at telephone 404-639 Treatment for TB Disease

A decision to initiate treatment (i.e., combination anti-TB chemotherapy) should be made on the b information; clinical, pathological, and radiographic findings; and the results of microscopic examination sputum smears and cultures for mycobacteria. A positive AFB-smear result provides strong infer diagnosis of TB, and combination chemotherapy should be initiated promptly unless other strong diagnosis of TB disease is present (e.g., a negative NAA test). If the diagnosis is confirmed by isola positive NAA test, treatment should be continued until a standard course of therapy is completed. patients with positive sputum culture results for *M. tuberculosis* will have negative sputum AFB-s initial AFB-smear results are negative, empiric therapy for TB is indicated if the clinical suspicion Regardless of the decision to begin anti-TB treatment, diagnoses other than TB should be consider evaluations undertaken in patients with negative AFB-smear results. A diagnosis of culture-negati made if sputum cultures are negative, the TST result is positive (in this circumstance, a reaction o considered positive), a clinical or radiographic response is observed 2 months after the initiation o diagnosis has been established. An adequate regimen for culture-negative pulmonary TB includes isoniazid and rifampin to complete 4 months of treatment (65). If no clinical or radiographic resp months, treatment can be stopped, and other diagnoses (including inactive TB) should be consider are negative, and suspicion for TB disease is low, treatment can be deferred until the results of my known and a comparison chest radiograph is available (typically at 2 months). Among persons wh treatment and in whom suspicion of TB is low, treatment of LTBI should be considered if 1) cultu result is positive (≥ 5 mm induration), and 3) the chest radiograph is unchanged after 2 months. A should be consulted for unusual or complex situations.

Individualized case management should be provided for all patients with TB disease (114--116). In management should be coordinated with officials of the local or state health department; suspecte should be reported to the local or state health department in accordance with laws and regulation disease should contain multiple drugs to which the organisms are susceptible. For persons with TI single drug can lead to the development of mycobacterial resistance to that drug. Similarly, addin anti-TB regimen is not recommended because it can lead to resistance to the added drug (65).

For the majority of patients, the preferred regimen for treating TB disease consists of an initial 2- rifampin, pyrazinamide, and ethambutol, followed by a continuation phase of isoniazid and rifam minimum total treatment period of 6 months (Tables 6 and 7). The decision to stop therapy should the number of doses taken within a maximum period (not simply a 6-month period) (65). Persons TB disease and positive cultures of sputum specimens at the completion of 2 months of therapy sh month continuation phase of therapy (total duration: 9 months) because of the substantially high persons with this type of TB disease (65).

If interruptions in TB therapy occur, the decision should be made whether to restart a complete c continue the regimen as originally intended. In the majority of instances, the earlier the break in t

duration, the more serious the effect and the greater the need to restart the treatment from the beginning, the more important it is in the initial phase of therapy, when the bacillary burden is highest and the risk of developing drug resistance is greatest. Although no evidence on which to base detailed recommended practical algorithms for managing interruptions in therapy have been described previously (65). For HIV-infected persons who are receiving antiretroviral therapy, TB treatment regimens might be modified. Whenever possible, the care of persons with concomitant TB and HIV should be provided by or in consultation with expertise in the management of both TB and HIV-related disease (65). To prevent the emergence of drug-resistant TB in persons with TB, HIV, and CD4+ T-lymphocyte cell counts <100 cells/mm³ should not be treated with intermittent (i.e., once- or twice-weekly) regimens. These patients should instead receive daily therapy during the first 2 months and receive daily dosing or 3 doses per week by DOT during the continuation phase. Therapy should not be withheld because the patient is being treated for TB if it is otherwise indicated. When beginning both antiretroviral therapy and combination chemotherapy for TB at nearly the same time, antiretroviral therapy should be initiated first. Delaying the initiation of antiretroviral therapy until 4--8 weeks after TB therapy is advantageous because it 1) better enables providers to ascribe a specific cause to a drug reaction, 2) reduces the severity of paradoxical reactions, and 3) decreases adherence challenges for the patient. Until more data have been conducted that evaluate the optimal time for starting antiretroviral therapy in patients with TB, this decision should be individualized on the basis of 1) the patient's initial response to treatment for TB, 2) the severity of paradoxical effects, and 3) the availability of multidrug antiretroviral therapy. Because drug-drug interactions exist between TB and HIV therapy, with use of rifabutin, substitution of rifabutin for rifampin might be indicated with certain antiretroviral regimens. Detailed information on TB treatment in HIV-infected persons has been published (65,107). Update information on drug-drug interactions can be found on the Internet as new findings become available (at <http://www.dhfs.state.wi.us/aids-hiv/resources/overlapping-tb-and-hiv-treatment>, <http://www.hiv-druginteractions.org>, and http://www.cdc.gov/nchstp/tb/tb_hiv_drugs/toc.htm). Drug-susceptibility testing should be performed on all initial isolates from patients with TB disease. When drug-susceptibility tests become available, the treatment regimen should be adjusted accordingly (65,111 and 7). Medical providers treating patients with drug-resistant TB disease should seek expert consultation with the local health department for treatment decisions (65).

The primary determinant of treatment outcome is patient adherence to the drug regimen. Thus, interventions should be paid to measures designed to enable and foster adherence (65,119,120). DOT is the preferred treatment for persons with TB disease and high-risk (e.g., HIV infected) persons with LTBI. DOT should be used for the entire course of therapy whenever feasible. Practitioners providing treatment to inmates should coordinate with the local health department on an inmate's release. The local health department also may be involved in monitoring treatment completion in the correctional facility staff (65).

Challenges to Treatment Completion

Achieving completion of treatment for LTBI or TB disease often is difficult, particularly in correctional systems. Lack of continuity of care and nonadherence of inmates both within and outside of correctional systems interferes with continuity of care and nonadherence (121). Comprehensive case management that includes discharge planning and coordination with community health facilities and health departments is needed to ensure completion of therapy for patients with TB disease. Multiple studies have demonstrated that inmates have relatively low LTBI treatment completion rates, particularly in jails who are likely to be released before their therapy has been completed (14,28,40,122). For a subset of inmates, referrals for follow-up after release are not made; of inmates whose appointments are scheduled, many do not attend their first clinic visit (36,40). Multiple interventions have been attempted to improve LTBI treatment completion in this population, including patient education while in jail, use of incentives, and use of DOT (61,123). Patient education strategies has had substantial success, although patient education and use of DOT have increased in certain situations (61,122). Active case management, as recommended for TB disease, should be used in improving the completion rates for LTBI treatment (14,42).

Discharge Planning

Correctional facilities should plan for the discharge of inmates and other detainees who have confirmed TB disease and those with LTBI who are at high risk for TB disease. Such planning is crucial to effecting continuity of care within the community to which released inmates return. Facilities should ensure that their discharge planning is safe and effective; the process should include 1) collaborating with public health and other community organizations, 2) ensuring continuity of case-management, and 3) evaluating discharge-planning procedures and making changes as needed to improve outcomes.

Collaboration Between Correction Facilities and Public Health Officials

Postconfinement follow-up is a necessary component of TB-control efforts (35,124). Effective discharge planning requires close collaboration between corrections and medical staff (both intra- and inter-facility), and with public health and community-based service organizations (37). Correctional facilities and public health departments should work closely together on issues associated with postdetention follow-up (125), including

- short length of stay in a facility;
- unscheduled release or transfer;
- poorly defined or implemented channels of communication between correctional and public health officials;
- limited resources (i.e., staff, equipment, and medications) available to provide recommended screening, treatment, and discharge-planning services;
- limited resources of the patient to make or keep appointments;
- high prevalence of mental illness and substance abuse among correctional patients;
- mistrust among inmates, which might result in the provision of aliases or incorrect contact information;
- reincarceration with disruption in treatment or termination of public benefits.

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Collaboration is essential to ensure that TB-control efforts are undertaken in the most cost-effective manner. Close collaboration between the correctional facility and the public health department maximizes the effectiveness of TB control in the correctional facility (126), and linking released detainees to the public health-care system might improve adherence (35) and reduce recidivism (127,128). The types of relationships forged will depend on the level of risk in the facility and the community.

Comprehensive Discharge Planning

Comprehensive discharge planning is an important component of case management and is essential to ensuring continuity of TB management and therapy among persons with TB disease and LTBI. Following release from prison, housing, employment, and other crises concerning basic needs that often take priority over their health care needs, many inmates from the United States and other countries support the use of comprehensive discharge planning in the community (42,129,130). Comprehensive discharge planning should be implemented for inmates with confirmed TB disease, and LTBI who also are at high risk for TB disease.

Discharge planning for persons with LTBI who are considered at high risk for developing TB disease should be begun in the correctional facility. Starting all inmates at high risk on LTBI therapy might not be the best approach at the correctional facility, and the policy determining which risk groups to start on treatment should be developed in collaboration with public health personnel. Collaboration ensures appropriate communication and adequate resources for treatment, transfer to another facility or after release to the community. At minimum, all inmates who have been diagnosed with TB at a correctional facility should be given community contact information for follow-up and continuity of care. Inmates demonstrated to be infected with TB should be considered for therapy, and discharge planning should be comprehensive (124). Because of high recidivism rates, discharge-planning efforts should be initiated in the pre-detention phase and continue in the post-detention phase to ensure continuity of care as inmates move among correctional facilities and the community.

Components of Discharge Planning

Initiate Discharge Planning Early

To ensure uninterrupted treatment, discharge planning for inmates who receive a diagnosis of TB soon as possible after diagnosis (131). Corrections or health services administrators (or their designees) should notify the public health department of inmates receiving treatment for TB disease or LTBI. Inmates should be interviewed while still incarcerated (ideally by public health staff) to enable facility administrators to arrange the appropriate support and referrals that will be needed after discharge (131). Such personnel should be available at all correctional facilities in the event of transfers of inmates.

Provide Case Management

To ensure continuity of care, all correctional facilities should assign personnel (preferably health-care workers) as case managers. These managers should be responsible for conducting discharge planning in the community, coordinating follow-up and communicating treatment histories with public health department and counterparts within the community (42). In addition, case managers should employ strategies (e.g., case management referral, substance-abuse assessment and treatment, and prerelease appointments for medical care) to help inmates meet basic survival needs on release. The role of case manager should be assigned to a facility staff member who is establishing good rapport with inmates; an effective case manager might be capable of persuading inmates to be released into the community to supply accurate information needed to ensure follow-up care.

The following factors should be considered when planning community discharge of an inmate receiving treatment (132):

- Where will the ex-inmate reside after discharge (e.g., a permanent residence, a halfway house, or a shelter)?
- Will family or other support be available?
- Are cultural or language barriers present?
- What kind of assistance will be needed (e.g., housing, social services, substance abuse services, medical services, and HIV/AIDS services)?
- Does the inmate understand the importance of follow-up and know how to access health-care services?

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Obtain Detailed Contact Information

To facilitate the process of locating former inmates, detailed information should be collected from inmates with TB disease or LTBI for whom release is anticipated, including 1) names, addresses, and telephone numbers; 2) anticipated place of residence; and 3) areas typically frequented (e.g., restaurants, community centers) (61,133). Inmates also should complete a release form authorizing health department staff to contact worksites, family members, corrections staff (parole officers), and public and private treatment facilities. Inmates might give aliases or incorrect contact information because of fear of incrimination or deportation. This information is a barrier to continuity of care on reentry to a correctional facility.

Assess and Plan for Substance Abuse and Mental Health Treatment and for Other Social Services
Substance abuse and other comorbid mental health conditions should be considered when developing a discharge plan. Addiction affects health care, medication adherence, housing opportunities, social support, and employment and might be the greatest barrier to continuity of care for TB (134). Mental illness can be a barrier to continuity of care. Community service providers have not been trained to interact with mentally ill patients. Persons with mental illness have difficulties keeping medical appointments. Collaboration between corrections and health department staff can facilitate the placement of former inmates in substance abuse or mental-health treatment programs for social stabilization and continuity of care (134,135).

Other social issues present barriers to released inmates. Loss of health insurance benefits while in correctional facilities might be required to wait 30--365 days after release to become re-eligible for benefits. Correctional facilities have agreements with local Social Security Administration field offices to facilitate these benefits (138); creation of and training in the use of such agreements are encouraged. Ideally, the correctional system, public benefits would be suspended, rather than terminated, and reactivated

gaps in coverage. Application for public benefits and insurance should be incorporated into the discharge planning process whenever possible. If the inmate is likely to have limited access to care because of inability to pay for care, documentation should be made and another treatment mechanism identified (139).

Make Arrangements for Postrelease Follow-Up

Before release, the inmate should be introduced (preferably face to face) to the employee from the agency who is responsible for community-based treatment and care (139). When release dates are known, appointments should be made and appointments has been demonstrated to improve compliance (128,134,140). Patients with TB disease should have a supply of medication at discharge adequate to last until their next medical appointment. Discharge planning should involve advocacy groups or private or government-funded programs to facilitate a safe, supported transit (61).

Make Provisions for Unplanned Release and Unplanned Transfers

Administrative procedures should be in place for unscheduled discharge of inmates who are being released with TB (36,141). Reporting requirements for inmates with TB disease who are released or transferred among states and jurisdictions. Despite mandatory notification policies, notification of public health officials is only 87%--92% for inmates with TB disease (37,126) to only 17% for inmates with LTBI (36,37). Correctional facilities responsible for health department notification should relay information about all scheduled and unscheduled releases as soon as it becomes available. All TB information concerning persons who are being transferred to other correctional facilities should be provided to the receiving facility. In addition, inmates should be given a written summary or discharge plan to ensure continuity of care in case of unplanned and unanticipated release (131,142). For inmates with TB disease who are eligible for release or transfer to another medical or correctional facility but continue to have TB, they should remain in airborne precautions during and after transfer until noninfectious (132).

Provide Education and Counseling

Patient education and documentation of education in the correctional facility is critical; multiple sessions are needed among inmates and facility staff regarding means of transmission, differences between infection and disease, and prevention and treatment for TB (143). Persons receiving treatment should be counseled about the treatment plan (131) as a measure to improve postrelease follow-up (61). Education should be provided in the inmate's first preferred language and should be culturally sensitive with respect to ethnicity, sex, and age (61). Inmates should be actively involved in all education sessions to encourage communication regarding previous TB experiences (e.g., the inmate's treatment motivations and any positive or negative experiences with specific providers). For LTBI who have not been started on therapy should be counseled on their risk factors, encouraged to seek care at the health department, and provided with information about access to care after release.

DOT

DOT for TB disease or LTBI in the correctional setting provides an opportunity for educating and counseling inmates and for establishing a routine of medication administration. The effect, if any, of DOT on postrelease health outcomes has not been evaluated formally, but this practice might enhance adherence (122).

Community-Based Case Management after Release

Case-management strategies begun in the correctional facility should be continued after release for inmates with confirmed or suspected TB disease and those with LTBI who are at high risk for progression to TB disease. Community-based case management enablers (see Glossary) have improved adherence in incarcerated (35,60,61) and nonincarcerated inmates. Community-based case management incentives combined with education and counseling optimize both short- and long-term adherence. Community-based case management that takes into account cultural differences and addresses not only TB-control matters but also social and economic needs (particularly among foreign-born persons) results in improved completion rates for LTBI treatment. Community-based case management by health department personnel after release is critical for continuity of care in the community. The provision of follow-up information from local health departments and community-based organizations to correctional staff is helpful in determining whether discharge planning is effective.

Discharge Planning for Immigration and Customs Enforcement Detainees

Background

Persons with TB disease detained by ICE officers are a potential public health threat because they are mobile, likely to leave and reenter the United States before completion of TB therapy, and at high risk of relapse (151). Therefore, ensuring treatment of such detainees is important to the national strategy for TB in the United States (32,152).

In March 2003, the detention and removal functions of the former Immigration and Naturalization Service were transferred from the U.S. Department of Justice (DOJ) to the U.S. Department of Homeland Security. ICE screens approximately 200,000 persons annually while enforcing immigration law. ICE detainees are screened for TB disease at service processing centers, staging facilities, contract detention facilities, and during transfers of ICE detainees between detention facilities are common.

ICE detention provides an opportunity to identify persons with confirmed and suspected TB disease and provide appropriate treatment. ICE detainees with confirmed or suspected TB disease receive treatment while they are in detention. ICE does not deport detainees with known infectious TB, but such persons might be deported when their treatment has not been completed or the final culture and susceptibility results are pending.

Discharge Planning for ICE Detainees

In May 2004, ICE approved a policy to implement a short-term medical hold of persons with suspected TB disease until continuity of care is arranged, which affords the ICE health services program the time to arrange continuity of TB therapy arrangements before the patient's release or removal. The ICE health services program enrolls all persons with confirmed or suspected TB disease in programs that facilitate the continuity of care in their home countries. These programs (e.g., CureTB, TB Net, and the U.S.-Mexico Binational Tuberculosis Research and Management Project) facilitate TB referrals and follow-up for patients who move between the United States and other countries.

ICE field office directors may consider a stay of removal for persons with MDR TB or other complex TB disease who receive and complete treatment in the United States before removal. In detention settings in which ICE health services program staff who are responsible for TB communication should notify the ICE health services program of confirmed or suspected TB disease. Collaboration with detention facilities and local and state health departments facilitate enrollment in the appropriate continuity of care program before transfer, release, or removal. ICE health services program staff should identify these patients as ICE detainees when reporting TB cases to local and state health departments.

Evaluation of Discharge Planning Effectiveness

Evaluation of a discharge planning program is critical and should begin with an assessment of existing TB control activities. Program evaluation should be incorporated into the overall correctional quality improvement program (153). Data from program evaluation studies should be documented and published to ensure that ICE health services program and public health department staff are informed regarding effective measures and the effective translation of these measures into practice (123). Evaluation of discharge planning should include measurements of

- adherence to therapy,
- cost savings (from unduplicated testing for persons with LTBI and completion of care without treatment extensions),
- recidivism, and
- the effectiveness of the collaboration between medical and corrections staff (both within and between correctional facilities and the public health department and other community agencies).

Contact Investigation

Overview

Multiple outbreaks of TB, including those involving MDR TB, have been reported in prisons and jails. HIV-infected inmates (17,22,45,154). The identification of a potentially infectious case of TB in a correctional facility always provokes a rapid response because of the potential for widespread TB transmission. A prompt response in a confined setting can prevent a TB outbreak or contain one that has already begun (16,21,155).

The overall goal of a TB contact investigation is to interrupt transmission of *M. tuberculosis*. Ongoing activities are prevented by 1) identifying, isolating, and treating persons with TB disease (source and secondary contacts), 2) identifying infected contacts of the source patient and secondary patients and providing them with treatment for LTBI. The contact investigation can serve to educate corrections staff and inmates regarding the importance of TB control and prevention of TB in correctional facilities; inform staff and inmates regarding the importance of recommended TB-control practices and procedures within the correctional system; and emphasize the importance of completion of therapy for persons with TB disease and LTBI.

Because decisions involved in planning and prioritizing contact investigations in correctional facilities are complex, a multidisciplinary team is preferable. Health departments often can help correctional facilities in planning and evaluating a TB contact investigation.

Data collection and management is an essential component of a successful investigation (21,36). It is important to have a uniform approach to collecting, organizing, and analyzing TB-associated data. As part of the contact investigation, personnel should adopt a uniform approach. Investigators should have a clear understanding of what constitutes an exposure (156--158).

Two correctional information systems are critical to the efficient conduct of a contact investigation: 1) a correctional record system containing TST results and other relevant information and 2) an inmate tracking system. Without these information systems, facilities also might be forced to implement costly screenings.

TB Transmission Factors

TB transmission is determined by the characteristics of the source patient and exposed contacts; the circumstances surrounding the exposure itself also determine whether ongoing transmission will occur. The following factors should be accounted for when planning each contact investigation.

Characteristics of the Source Patient

Source patients who have either cavitation on chest radiograph or AFB smear-positive respiratory sputum are substantially more likely to transmit TB than persons who have neither characteristic (159--163). In addition, source patients have also been associated with an increased likelihood of transmission (164). None of these characteristics is a measure of the infectiousness of a given TB source patient. Although AFB smear status is a measure of infectiousness, delayed diagnosis increase the likelihood of transmission, certain persons with these characteristics might infect multiple persons. The best measure of the infectiousness of a source patient is the documented infection rate among their contacts.

Characteristics of Persons Who Have Been Identified as Contacts

Immunosuppression. HIV infection is the greatest single risk factor for progression to TB disease. Contacts with HIV infection should receive the highest priority for evaluation of TB infection, even if these persons have had less exposure than other contacts. Persons receiving prolonged therapy with corticosteroids, chemotherapy, or other immunosuppressive agents (e.g., TNF- α antagonists) also should be considered high priority for evaluation. Persons with end-stage renal disease and diabetes mellitus should be promptly evaluated, because these conditions are associated with compromised immune function.

Age. Young children (i.e., those aged <4 years) are at high risk for rapid development of TB disease, particularly meningitis. If an inmate with TB identifies a young child as a community contact, a health department should be notified immediately.

Exposure Characteristics

Air volume. The volume of air shared between an infectious TB patient and susceptible contacts is a major determinant of the likelihood of transmission. Infectious particles become more widely distributed as air space increases and are less likely to be inhaled.

Ventilation. Ventilation is another key factor in the risk for airborne transmission of disease. Airborne transmission is less likely in well-ventilated areas.

disperse throughout an entire enclosed space; thus, if air is allowed to circulate from the room occupied by a patient into other rooms or central corridors, their occupants also will be exposed. Areas that have little or no ventilation or 2) recirculated air without HEPA filtration have been associated with TB transmission.

Duration of exposure. Although transmission of TB has occurred after brief exposure, the likelihood of exposure to an infectious patient is associated with the frequency and duration of exposure. However, what constitutes a substantial duration of exposure for any given contact is difficult. When conducting a contact investigation, priority should be given first to inmates and employees who were most exposed to the source patient.

Decision to Initiate a Contact Investigation

The decision to initiate a contact investigation for an inmate or detainee with possible TB is made on a case-by-case basis. Each potential source patient's clinical presentation and opportunities for exposure should be evaluated. Contact investigations should be conducted in the following circumstances:

- Suspected or confirmed pulmonary, laryngeal, or pleural TB with cavitory disease on chest X-ray and positive AFB smears (sputum or other respiratory specimens). If the sputum smear is positive and the patient is not on treatment, a contact investigation typically can be deferred. A negative NAA on an AFB smear, however, should not influence decisions about the contact investigation (102).
- Suspected or confirmed pulmonary (noncavitory) or pleural TB with negative AFB smears (sputum or other respiratory specimens) and a decision has been made to initiate TB treatment. A more limited contact investigation may be conducted for smear-negative cases.

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Contact investigations typically are not indicated for extrapulmonary TB cases (except for laryngeal TB). If pulmonary involvement is also diagnosed.

The decision as to whether the facility should conduct a contact investigation should be guided by whether the inmate or employee has pulmonary TB. Sputum results for AFB serve as a major determinant (16). For patients with pulmonary TB, collecting sputum samples is not feasible. In this circumstance, other specimens (e.g., those from bronchoscopy) may be collected for AFB smear and mycobacterial culture.

Principles for Conducting the Contact Investigation

No simple formula has been devised for deciding which contacts to screen in a correctional facility. However, the investigation should be guided by the following basic principles:

- Identified contacts should be stratified by their duration and intensity of exposure to the source patient.
- HIV-infected contacts should be classified as the highest priority group for screening and investigation, regardless of duration and intensity of exposure.
- Identified groups of contacts with the greatest degree of exposure should be screened immediately. Repeat testing at 8--10 weeks if the initial TST or QFT-G is negative.
- The infection rate should be calculated to assess the level of TB transmission.
- Decisions to expand the contact investigation to groups with less exposure should be made based on the calculated infection rate. If no evidence of transmission is observed, the investigation should be expanded incrementally to groups with less exposure. If transmission is occurring, the investigation should be expanded incrementally to groups with less exposure. If a group screened shows minimal or no evidence of transmission, the contact investigation should not be expanded further.
- Corrections and medical staff should be included in the contact investigation depending on the facility's policies.

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Ideally, decisions about structuring the contact investigation should be made collaboratively with a team that includes input from the state or local health department. For certain investigations, screening a representative sample before expanding the investigation is prudent. For example, in jail investigations, multiple inmates have been released, rendering those who remain incarcerated the only available group for screening.

of high priority contacts cannot be evaluated fully, a wider contact investigation should be considered. The investigation should focus on identifying the contacts at highest risk for transmission, screening, and providing a full course of LTBI treatment for persons demonstrated to be infected. In general, because contact investigations divert attention away from the high priority activities necessary to interrupt transmission, screening of all persons who had any contact with the source patient should be avoided (166). Rarely is that wide-scale expansion of the contact investigation necessary or beneficial.

Medical Evaluation of Contacts

Appropriate medical evaluation depends on both the immunologic status (e.g., HIV infection) of the contact and the TST or QFT-G results. Adequate knowledge of these data is possible only through use of a medical record that is complete, up-to-date, and reliable with regard to TST or QFT-G status, testing date, and documented chest radiograph (for TST). Without an adequate medical record system (and therefore definitive information on TST or QFT-G results), the true infection and transmission rates cannot be determined. The lack of a medical record is likely to lead to unnecessary expansion of the contact investigation.

All Contacts

All contacts should be interviewed for symptoms of TB disease using a standard symptom questionnaire. All contacts should receive a chest radiograph and a complete medical evaluation by a physician, regardless of HIV status; they also should be isolated appropriately (i.e., inmates should be placed in an AII room if they have a positive chest radiograph or clinical findings; staff should not be permitted to work).^{††} HIV testing should be done on all contacts whose HIV status is unknown.

Inmates with Documented Previous Positive TST or QFT-G results

Inmates who are asymptomatic, HIV-negative, and have previous positive TST or QFT-G results should receive other than consideration for "routine" treatment of LTBI, if not completed in the past. However, if they have signs or symptoms suggestive of TB, further evaluation should be conducted (e.g., a chest radiograph and chest X-ray for respiratory symptoms).

HIV-Infected Inmates

HIV-infected contacts should be interviewed for symptoms, have a TST or QFT-G and chest radiograph, and initiate a complete course of treatment for LTBI (once TB disease has been ruled out), regardless of the TST or QFT-G result. Treatment should be initiated even for persons with a history of previous treatment for LTBI because of the possibility of re-infection. Those with a history of a negative TST or QFT-G should have a TST or QFT-G at baseline and again in 8--10 weeks. The results of the TST or QFT-G will not affect treatment decisions. TST or QFT-G testing is important information for the contact investigation. Energy testing is not recommended (52).

Previous TST-Negative or QFT-G--Negative Inmates (HIV Negative)

Mandatory tuberculin skin or QFT-G testing of all previously TST- or QFT-G--negative inmates should be conducted at baseline (unless previously tested within 1--3 months of exposure). Testing should be done on the most recent contact with the source patient (58,167).

TST and QFT-G Converters

Persons whose TSTs or QFT-Gs convert or those with newly documented, positive TST or QFT-G results should receive treatment for LTBI unless medically contraindicated. If inmate contacts refuse medically indicated treatment, they should be monitored regularly for symptoms. Certain facilities have chosen to monitor HIV-infected inmates with chest radiographs.

Contact Investigation Stepwise Procedures

The following steps are involved in conducting a contact investigation and might overlap in time. If a contact is confirmed or suspected of having TB disease, the case should be reported to the appropriate local health department. All contacts promptly evaluated.

- Notify correctional management officials. Identification of TB in an inmate or facility staff should be reported to the appropriate local health department for other inmates, corrections staff, and the community. The administrator should be notified.

chain of command that a case of TB has been identified in the institution so that appropriate efforts can be initiated.

- **Conduct a source patient chart review.** The following data (with specific dates) should be collected: 1) previous exposure to TB, 2) history of TB symptoms (e.g., cough, fever, and night sweats), 3) weight loss (particularly unexplained weight loss), 4) chest radiograph reports, 5) previous TST or QFT-GIT mycobacteriology results (e.g., AFB smears, cultures, and susceptibilities), 6) NAA test results, and 7) other medical risk factors.
- **Interview the source patient.** A chart review and case interview should be accomplished with the source patient and other persons with AFB smear-positive respiratory specimens or cavitation on chest radiograph (165). Source patients should be asked concerning TB symptom history, with particular attention to duration of cough. Source patients also should be asked about where they conducted their daily activities during the confirmed or suspected TB who were detained during the course of the infectious period should be asked regarding potential community contacts, particularly HIV-infected persons and young children. Information regarding the location of community contacts also should be obtained. Source patients should be interviewed about contacts during a second interview conducted 7--14 days after the first.
- **Define the infectious period.** Defining the infectious period for a source patient helps investigators go back to go when investigating potential contacts. The infectious period is typically defined as the period from diagnosis or onset of cough (whichever is longer). If a patient has no TB symptoms, is AFB smear negative, and has a noncavitary chest radiograph, the presumed infectious period can be reduced to 4 weeks before the diagnosis of positive finding consistent with TB. If the contact investigation reveals that TB transmission occurred, the period for contact investigation might need to be expanded to include the entire infectious period.
- **Convene the contact investigation team.** After TB is diagnosed, a team of professionals (e.g., medical, nursing, custody, and local public health personnel) should be convened and charged with conducting the contact investigation. A team leader should be identified and the roles and responsibilities should be defined, and a schedule of regular meetings (documented formally with written minutes) should be established. In addition, a communications plan and a plan for handling contact investigation data should be developed.
- **Update correctional management officials.** Administrative personnel should be kept apprised of the progress and action steps involved in conducting the contact investigation.
- **Obtain source case inmate traffic history.** The dates and locations of the source patient's housing during the infectious period and information regarding employment and education should be obtained. Groups should be prioritized according to duration of exposure and immune status.
- **Tour exposure sites.** A tour should be conducted of each place the source patient lived, worked, or spent time during the infectious period. In addition, information should be obtained regarding any other places where the source patient lived, worked, or spent time during the infectious period, including 1) the number of inmates housed at the same time, 2) the housing arrangement (e.g., cells versus dorms), 3) the general size of the area, 4) the ventilation system (e.g., whether air is recirculated), 5) the pattern of daily inmate movement (e.g., working, and recreating), and 6) the availability of data on other inmates housed at the same time as the source patient. The assistance of a facility engineer often is necessary to help characterize the ventilation system and air flow direction within a correctional facility.
- **Prioritize contacts.** Contacts should be grouped according to duration and intensity of exposure. Contacts with the most exposure and HIV-infected or other immunosuppressed contacts (regardless of duration of exposure) should be considered highest priority. Because progression from exposure to death can be rapid among HIV-infected persons in a facility in which HIV-infected persons are housed or congregated separately, the entire group should be considered high priority (45).
- **Develop contact lists.** Rosters of inmate and employee contacts from each location should be developed for the current location investigated. Lists of exposed contacts should be generated and grouped according to location and duration of exposure.

location (e.g., still incarcerated, released, and transferred).

- Conduct a medical record review on each high-priority contact. TST or QFT-G status, chest X-ray, history of treatment for LTBI, HIV status, and other high-risk medical conditions should be reviewed. Attention should be given to weight history and previous visits to facility health-care professionals for TB symptoms. Dates should be carefully recorded.
- Evaluate HIV-infected contacts for TB disease and LTBI promptly. LTBI therapy should be initiated among these persons once TB disease has been excluded.
- Place and read initial TSTs or perform QFT-Gs on eligible contacts. Tuberculin skin or QFT-Gs on previously TST- or QFT-G--negative inmate contacts should be conducted at baseline (unless within 1--3 months of exposure). Referrals should be made for persons who have been released or are receiving their initial TST or QFT-G.
- Make referrals for contact evaluation. Referrals should be made to the local health department for contacts of the source case who have been released or transferred to another facility. Additionally, family members and visitors of the source patient should be investigated by the health department; follow-up TSTs on a substantial percentage of contacts of released inmates have been obtained on re-arrest by the health department. Contacts with the jail intake TST or QFT-G registry (21).
- Calculate the infection rate and determine the need to expand the investigation. To calculate the infection rate, the total number of inmates whose TST or QFT-G has converted from negative to positive should be divided by the total number with a TST placed and read or QFT-G performed. Persons with a history of a prior TST or QFT-G should be excluded. The infection rate should be calculated by exposure site. In addition, if resources allow, separately calculating the rate for U.S.- versus foreign-born inmates might provide useful information. Foreign-born contacts often have a history of BCG vaccination, and a TST "conversion" among them may represent a vaccination-associated "booster" TST response (168). The contact investigation should determine the infection rate(s) and decide whether to expand the investigation.
- Place and read follow-up TSTs or perform follow-up QFT-Gs. Follow-up TSTs or QFT-Gs on persons with a negative TST or QFT-G result on initial testing should be placed 8--10 weeks after exposure ended. Referrals should be made for persons who have been released or transferred and need follow-up TST or QFT-G.
- Determine the infection/transmission rate. The infection rate from the second round of testing should be calculated. In addition, the need to expand the investigation should be determined.
- Write a summary report. The summary report should briefly describe the circumstances of the investigation, how it was conducted, the results of the investigation (e.g., the number of secondary cases identified, the infection and transmission rates), and any special interventions required (including follow-up plans). The report should be distributed to corrections administrators and the local health department.

Tuberculosis Training and Education of Correctional Workers and Inmates

TB training and education of correctional workers and other persons associated with any correctional facility (including volunteers and inmates) can help lower the risk for TB transmission and disease. To ensure the effectiveness of training and education, multiple factors should be considered. First, correctional facilities and local or state health departments should collaborate when providing TB training and education to correctional workers; specifically, correctional facilities should work with health department staff to provide them with corrections-specific training. Second, training should be provided for all persons who spend significant time in the facility, and additional training should be provided for those who will interact with persons at risk for TB. The ideal amount of training time and information should be determined by TB transmission and by the job descriptions and characteristics of those needing training. Finally, training efforts and other TB-related events should be documented to ensure that these programs can be evaluated and improved.

Training and Education in Correctional Facilities

Correctional workers, volunteers, inmates, and other persons spending significant time in correctional facilities should receive TB training and education.

receive training and education regarding *M. tuberculosis* as part of in-facility, preservice training should be provided at least annually thereafter.

In-facility training and education efforts can build on existing sources of TB-related preservice education. Regional and national professional associations frequently provide ongoing education regarding TB, and national correctional health-care conferences and courses for medical professionals working in correctional facilities regularly include TB in their curricula.

TB-associated training should be designed to meet the needs of correctional workers with diverse backgrounds and at multiple facilities and for multiple categories of correctional workers, appropriate TB training may be achieved through incorporation of the topic into other annual employee trainings (e.g., bloodborne pathogens) or topic-specific training should be developed for persons who are specifically involved in TB control. Peer-to-peer TB-education programs should provide similarly tailored training to correctional workers. Facilities located in areas with a high TB prevalence or whose inmates have lived in such areas should increase the time and resources dedicated to TB training.

The correctional facility health services director or designee (i.e., the staff member responsible for the TB training program) should collaborate with the local public health department to establish TB education and training. In addition, these staff members routinely should evaluate and update the facility's TB training and education program in collaboration with the public health sector. External changes in the prevalence of TB in the community, changes in local public health policies, or changes in national TB control guidelines might necessitate the content updates for staff.

Each facility should maintain training records to monitor correctional worker training and education. Adverse events (e.g., documented in-facility transmission) also should be monitored as a means of evaluating TB training and education outcomes. The circumstances of adverse events should be investigated, and the possibility of additional training should be considered as an appropriate intervention.

Initial Training and Education for all Correctional Workers

Although the level and detail of any employee's initial TB training and education session will vary according to their members' job responsibilities, the following components should be included for all correctional workers performing the same function:

- communication regarding the basic concepts of *M. tuberculosis* transmission, signs, symptoms, and the difference between LTBI and TB disease), and prevention;
- provision of basic information regarding the importance of following up on inmates or correctional workers demonstrating signs or symptoms of TB disease;
- need for initiation of airborne precautions of inmates with suspected or confirmed TB disease;
- review of the policies and indications for discontinuing AII precautions;
- discussion of basic principles of treatment for TB disease and LTBI; and
- discussion regarding TB disease in immunocompromised persons.^{§§}

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Required Training for Correctional Workers in Facilities with AII Rooms

Correctional workers in facilities equipped with AII rooms also should be provided clear guidelines for identification and containment of persons with TB disease. Education efforts for these staff members should include discussion of the use of administrative and engineering controls and personal protective equipment as mandated by OSHA (Standard 29 CFR OSHA-1910.103).
Enhanced Training and Education for Correctional Workers in High-Risk Facilities

Correctional workers in facilities with a high risk for TB transmission should receive enhanced training and education concerning

- the signs and symptoms of TB disease,
- transmission of TB disease, and

- TB infection-control policies (including instruction on and location of the facility's written and procedures, exposure control plan, and respiratory protection program).

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If a contact investigation is being conducted because of suspected or confirmed infectious TB, the designated health provider should educate facility correctional workers in all aspects of the investigation. The investigation should include information concerning

- contact investigation guidelines ([165](#)),
- TB transmission,
- the method used to determine a contact's risk for infection and prioritization for evaluation,
- the noninfectiousness of inmates and correctional workers with LTBI,
- the noninfectiousness of persons with TB disease who have responded to therapy and have negative sputum-smear results, and
- patient confidentiality issues.

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Facility staff members who are responsible for TB-control activities should stay informed regarding treatment options. Conference attendance, participation in professional programs, and other off-site supplemental training strategies for correctional worker trainers and facility medical and infectious disease staff are encouraged. **Training and Education of Public Health Department Staff**

State and local health department staff providing consultation or direct services to a correctional facility (including staff who act as liaisons) should receive training and education regarding the unique aspects of health care in a correctional facility setting. Correctional facility administrators, contracted correctional facility health care providers, and health department staff should collaborate to develop an appropriate training program. The use of educational materials should be encouraged as a supplement to training. Certain TB training resources are available on the Internet (Appendix A). Education and training of health department staff should cover (but not be limited to) the following topics:

- TB-related roles of correctional facility and health department staff;
- methods of effectively collaborating with correctional facilities;
- differences between and among jails, prisons, and other forms of detention facilities;
- correctional culture and the importance of respecting the mission and purpose (i.e., custody and care) of inmates and correctional workers;
- the health department's role in the discharge of inmates (see Discharge Planning); and
- the effect of the custody and movement of foreign detainees on local facilities.

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Training and Education of Inmates

Inmates should receive education from facility health-care professionals or other appropriately trained staff during the screening or treatment process. Education and training should be appropriate in terms of the language of the trainees. The following components should be incorporated into inmate training and education:

- general TB information (provided either at the time of admission or when being screened for TB);
- the meaning of a positive TST or QFT-G result and treatment options for LTBI;
- comprehensive TB education, including the infectiousness of and treatment for inmates with suspected or confirmed TB disease; and
- the importance of completing treatment for inmates with LTBI or TB disease.

Program Evaluation

Six steps should be followed to ensure successful monitoring and evaluation of a TB-prevention and control program:

- identifying collaborators,
- describing the TB-control program,

- focusing the evaluation to assess TB risk and performance,
- collecting and organizing data,
- analyzing data and forming conclusions, and
- using the information to improve the TB program (169).

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The purpose of program evaluation is to improve accountability, enable ongoing learning and provide opportunities for improvement. The evaluation process should be designed to provide information to stakeholders. Measures should be simple and the communication of results meaningful.

Identifying Collaborators

TB control requires the collaboration of correctional systems, health departments, and other community organizations. Program evaluation also involves teamwork. Early engagement of program staff and internal and external stakeholders (including custody staff) helps ensure that the evaluation will yield the information that is most useful. Staff engagement also promotes mutual cooperation for constructive change. Although multiple parties may be involved, the TB program should have a single person designated to be responsible for data quality and program coordination. Staff participation in these activities helps ensure that continuity and accountability are maintained.

Describing the Program

Underlying a useful evaluation is an understanding of how the TB program currently operates within the facility. Evaluators should be knowledgeable about program goals and objectives, strategies, expected results, and the way in which the program fits into the larger organization and community. This information is obtained by reviewing a facility's existing TB-control plan. In addition, all stakeholders should agree on the scope of the evaluation before the evaluation is undertaken (169).

Focusing the Evaluation to Assess TB Risk and Performance

Risk Assessment

Each facility should assess its level of TB risk at least annually (71). The TB risk assessment (see Section 71) identifies types and levels of administrative and environmental controls needed. Assessment of a facility's risk includes TB disease burden and facility transmission, which can be conducted by examining the following indicators:

- Burden of disease
 - community rates of TB disease (including other communities from which substantial numbers of cases are imported; these data are available from local health departments),
 - the number of cases of TB disease in the facility during the preceding year, and
 - the number and percentage of inmates and staff with LTBI; and
- Facility transmission
 - the number and percentage of staff and inmates whose tests for TB infection converted to active disease; conversion,
 - the number of TB exposure incidents (see Contact Investigation), and
 - evidence of person-to-person transmission.

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Conversion rates (as determined by annual testing) for staff and inmates should be determined and monitored for unsuspected transmission in the facility. In larger facilities, conversion rates for staff in high-risk areas (e.g., booking and holding areas, day rooms, libraries, enclosed medical and dental areas, and transport vehicles) should be calculated and tracked. Staff should be educated about TB exposure and transmission and plan for corrective intervention, as appropriate. The following factors should be considered when determining risk within all correctional facilities, including those that are part of a larger correctional system:

- the timeliness with which patients with suspected TB disease are detected, isolated, and evaluated (see Section 71 and Measurement for Improving Quality); and

- other factors (e.g., the total number of patients with TB housed in the facility and the number of facility who are risk for TB) that will help determine the controls needed ([71](#)).

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Performance Measurement for Improving Quality

The risk-assessment process enables the monitoring of risk for TB transmission (the key program the focus and intensity of ongoing performance measurement and monitoring. Facilities at higher risk of TB disease) benefit more from broader investigation of performance than facilities at lower risk should help guide the development of simple process performance measures for each pertinent area of control. These performance measures can then be used to monitor program implementation and improvement. Treatment completion and continuity of care are key performance indicators. Each facility should measure performance in these areas (e.g., 100% of patients with TB disease will have documented treatment or, in the case of release or transfer, continuity of treatment on release). For LTBI, goals might be that patients released during treatment will have a documented referral for continuity of care in the community and that patients will follow-up on their referral. The following are examples of possible performance measures as part of a TB program evaluation, depending on the level of risk:

- **Timeliness of screening and isolation**
 - time from inmate admission to testing for TB infection,
 - time from TB testing to obtaining test results,
 - time from positive TB infection test results to obtaining a chest radiograph,
 - time from identification of a suspect TB patient (either through symptoms or abnormal chest radiograph) to placement in an AII room,
 - time from sputum collection to receipt of results, and
 - time from suspicious result (either via radiograph, smear-positive result, or smear-negative result) to initiation of contact investigation;
- **Treatment**
 - the number and percentage of patients with LTBI who initiated treatment and the percentage who completed the prescribed treatment for LTBI (excluding those released from or transferred out of the facility),
 - the number and percentage of persons in whom TB disease was diagnosed who completed the prescribed regimen (excluding those released from or transferred out of the facility), and
 - the reasons for treatment interruption among persons who stop therapy; and
- **Continuity of care⁹⁹**
 - the number and percentage of patients released before completing treatment for TB disease who had documented community appointments (or referrals) for continuity of care, and
 - the number and percentage of patients with confirmed and suspected TB disease who kept their community appointment in the community.

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Other pertinent performance measures for correctional facilities might include the adherence rate of patients who should undergo TB testing, the percentage of staff receiving TB education and training annually, and the percentage of inmates receiving TB education.

Assessment of Collaboration

On an annual basis, each program also should evaluate its success in working collaboratively with public health departments in each area of TB control (e.g., screening, containment, and assessment). Correctional facilities should meet with their respective public health departments each year to assess risk, update TB policies and procedures, and ensure compliance regarding environmental control and respiratory protection recommendations (see Environmental Health and Safety, Respiratory Protection). Correctional systems also should assess collaboration with other agencies and individuals released.

Collecting and Organizing Data

Data Sources

As part of quality assessment, all facilities that house persons with confirmed or suspected TB disease should conduct periodic reviews of medical records for these patients and for a sample of patients with LTBI. In a public health department, the review should be conducted at least annually in facilities with any cases of TB (including low-risk facilities) and quarterly in higher-risk facilities with numerous cases. Facilities should compare actual performance against time standards, protocols, and goals for TB activities (Performance Measures for Improving Quality). Multiple tools are available for data collection (Appendix A). Medical records should contain information regarding TB history and risk factors, treatment, and dates to enable performance to be monitored. Other sources of data include log books, interviews, and observations. Quality controls for TST placement and reading should be checked at least annually and used for calculating performance also should be verified.

Information Infrastructure

Effective program monitoring and evaluation is made possible through the reliable collection of valid data and analysis of these data. Health-care professionals responsible for the prevention and control of TB in a facility should have access to complete medical records and a database of essential TB-related activities. A retrievable aggregate record system is essential for tracking all inmates and for assessing the status of TB disease and LTBI, particularly in large jail and prison systems in which inmates are transferred from one unit to another. This record system should maintain at minimum current information about the results, treatment status, and degree of infectiousness of these persons. In addition to facilitating case management, a record system provides facilities with the information necessary for conducting annual TB risk assessments, identifying trends, measuring performance, and assessing the effectiveness of overall TB control efforts. Inmate medical records should always be kept confidential; all staff members involved in program evaluation should maintain the confidentiality of patient information.

Although medical databases can be maintained manually, electronic databases provide additional facility to 1) better track inmates for testing and case management, 2) access information regarding transferred inmates, 3) share medical information regarding transferred inmates with other facilities, 4) link with the local public health department, 5) measure the effectiveness of TB-control efforts.

Analyzing Data and Drawing Conclusions

In a multifacility correctional system, evaluation data should be compiled for each facility separately. Data should be analyzed against standards, which can be defined externally (e.g., by national organizational standards) or internally as established by the program collaborators (170). Once analyzed, conclusions should be drawn from the data and recommendations for program improvement developed. The evaluation and recommendations should be shared with program staff, administrators, and partners, including the local public health department.

Using Information to Improve the TB Program

The final step in the evaluation process is to implement the recommendations to improve the TB program. Facilities should use data to identify and remove barriers to improving performance, and administrators should make revisions to policies or procedures.

Because the evaluation process is cyclical, assessing whether recommendations have been implemented and whether outcomes are improved is crucial. Existing data can be used to clearly demonstrate the effects of interventions.

Collaboration and Responsibilities

The management of TB from the time an inmate is suspected of having the disease until treatment completion provides multiple opportunities for collaboration between correctional facilities and the public health department. Public health agencies can partner with correctional facilities in TB screening and treatment activities. In jail systems and their respective public health departments, only 35% reported having collaborated with public health agencies in conducting TB-prevention and -control activities (38). Formal organizational mechanisms (e.g., de-

meetings, health department TB program staff providing on-site services, and written agreements effective collaboration between correctional facilities and health departments (37).

Correctional facilities and health departments should each designate liaisons for TB-associated efforts as a familiar and accessible communication link between collaborating entities. The duty of liaison should be assigned to the person responsible for TB control or to another staff member familiar with management at the facility. Regular meetings between correctional facilities and health departments establish communication and collaboration on TB-related issues (37,171). Jurisdictions with regular meetings between jails and public health staff are 13 times more likely to report having highly effective collaboration than jurisdictions that have not established such meetings (37). For example, in Florida, the state TB-control and corrections health officials hold quarterly coordination meetings on TB issues and regularly scheduled review conferences (171), activities that have encouraged communication between facilities and local health departments. The presence of health department staff in correctional facilities can help promote more effective collaboration. Functions provided by such personnel within the correctional facility setting include screening, surveillance, training, contact investigation, and follow-up after release (171). For example, New York City Department of Health and Mental Hygiene personnel assigned to the Rikers Island jail interview inmates, monitor their care changes, and work with the jail to determine discharge planning needs for continuity of care in the community. On-site access links are available on site that enable health department personnel to promptly inform correctional facilities of completed therapy, incomplete work-up or therapy, sputum-smear results, culture and drug-susceptibility test results, treatment for TB cases and suspects. These on-site access links diminish the time spent in AII room for patient work-up by providing confirmatory historical documentation.

Correctional facilities and health departments should work together to agree on and delineate the responsibilities. Establishing clear roles and responsibilities helps avoid duplication, confusion, threats to patient confidentiality, excess expenditures, and missed opportunities.

Roles and responsibilities should be clearly defined for all TB-control activities that might require collaboration between correctional facilities and health departments, including

- screening and treatment of inmates for LTBI and TB disease,
- reporting of TB disease,
- follow-up of inmates with symptoms or abnormal chest radiographs,
- medical consultation regarding persons with confirmed and suspected TB disease,
- contact investigations for reported TB cases,
- continuity of treatment and discharge planning for persons with TB disease and LTBI,
- training and education of correctional facility staff,
- evaluation of screening and case management, and
- facility risk assessment.

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Agreements about roles and responsibilities may be formal or informal, but they should be recorded. Formal agreements include memoranda of understanding and written policies or plans. Informal agreements include e-mail summary of a verbal discussion or meeting. The format for recording and communicating agreements (e.g., flow charts, algorithms, and lists of steps) may vary depending on the need. Once agreements are established, they should be reassessed periodically (see Program Evaluation).

Correctional facilities and health departments should work together to formulate agreements that be shared in a particular time frame, who will have access to specific information or databases, and how confidentiality will be protected. Information systems provide the framework for recording and communicating information (see Program Evaluation). Health departments should provide correctional facilities with surveillance information (e.g., local rates of drug resistance, the number of TB cases occurring in the facility relative to the community, and the number of TB cases identified in the community among recent

which can bolster support for TB-screening activities within these facilities. Legislation or policy statements can effectively encourage or mandate collaboration on issues (e.g. investigation, and discharge planning) when institutional barriers (e.g., time and resources) inhibit. For example, California has improved discharge planning by prohibiting the release or transfer of inmates suspected of TB unless a written treatment plan has been received and accepted by the local health department. Administrative codes place responsibility for contact investigations of TB exposures in correctional facilities but require consultation with (and reporting to) the local health department. A policy memorandum requesting that ICE field office directors grant a short-term hold on the deportation of TB disease to allow time for the ICE health services program to facilitate continuity of care.

Summary of Recommendations

Screening

Early identification and successful treatment of persons with TB disease remains the most effective way to prevent TB disease transmission. Inmates who are likely to have infectious TB should be identified and begin treatment before being released into the general population. Screening programs in the correctional setting also allow for the identification of large numbers of persons with LTBI who are at high risk for TB disease and would likely benefit from treatment. The type of screening recommended for a particular correctional facility is determined by an assessment of TB transmission within that facility. The risk assessment should be performed annually and should be done in collaboration with the local or state health department. A facility's TB risk level can be defined as minimal TB risk if the facility should be classified as having minimal TB risk on the basis of four criteria:

- No cases of infectious TB have occurred in the facility in the last year.
- The facility does not house substantial numbers of inmates with risk factors for TB (e.g., HIV infection, alcohol or drug use).
- The facility does not house substantial numbers of new immigrants (i.e., persons arriving in the previous 5 years) from areas of the world with high rates of TB.
- Employees of the facility are not otherwise at risk for TB.

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Any facility that does not meet all of these criteria should be categorized as being a nonminimal TB risk facility. Inmates in all minimal TB risk correctional and detention facilities require an evaluation at entry. Persons with symptoms of TB require an immediate evaluation to rule out the presence of infectious TB. Persons who are kept in an AII room until they are evaluated. All newly arrived inmates should be evaluated for conditions that increase the risk for TB disease. Persons who have any of these conditions require further evaluation with a QFT-G, or a chest radiograph within 7 days of arrival. Regardless of TST or QFT-G result, inmates with HIV infection or other severe immunosuppression, as well as inmates who are at risk for HIV infection but whose HIV status is unknown, should have a chest radiograph taken as part of the initial screening. Persons who have a chest radiograph should be evaluated further to rule out TB disease; if TB disease is excluded as a diagnosis, LTBI therapy should be considered if the TST or QFT-G is positive.

In nonminimal TB risk prisons, symptom screening assessment should be performed immediately on entry. Inmate who has symptoms suggestive of TB should be placed in an AII room and evaluated promptly. Inmate who have no symptoms require further screening with a TST, a QFT-G, or a chest radiograph within 7 days of arrival. Regardless of their TST or QFT-G status, inmates known to have HIV infection or other severe immunosuppression, as well as inmates who are at risk for HIV infection but whose HIV status is unknown, should have a chest radiograph taken as part of the initial screening. Persons who have an abnormal chest radiograph should be evaluated further to rule out TB disease. If TB disease is excluded as a diagnosis, LTBI therapy should be considered if the TST or QFT-G is positive. Symptom screening should be performed immediately on entry for all new detainees in nonminimal TB risk facilities. Inmate who has symptoms suggestive of TB should be placed in an AII room and promptly evaluated. Detainees who are without symptoms require further screening with a TST, a QFT-G, or a chest radiograph within 7 days of arrival.

arrival. Regardless of TST or QFT-G result, detainees known to have HIV infection, and detainee infection but whose HIV status is unknown, should have a chest radiograph taken as part of the intake. Those who have a positive result should be further evaluated to rule out TB disease. Screening in jails with the purposes of initiating LTBI therapy often is not practical because of the high rate of turnover and high cost. A medical history relating to TB should be obtained from and recorded for all new employees at the time of physical examination for TB disease should be required. In addition, TST or QFT-G screening should be required for all employees who do not have a documented positive result. Persons who have a positive TST or QFT-G result and a chest radiograph taken and interpreted and should be required to have a thorough medical evaluation. If TB is excluded as a diagnosis, such persons should be considered for LTBI therapy. All employees should be instructed to seek appropriate follow-up and screening for TB if they are immunosuppressed for any reason, including infection, organ transplant recipient receiving immunosuppressive therapy, and treatment with TB medication. An employee who has symptoms suggestive of TB should not return to the workplace until a clinician determines that the employee is no longer contagious for TB disease.

In general, long-term inmates and all employees who have a negative baseline TST or QFT-G result should be screened at least annually. Persons who have a history of a positive test result should be screened annually. Annual chest radiographs are unnecessary for the follow-up evaluation of infected persons. All test results should be recorded in medical records and in a retrievable aggregate database of all TST or QFT-G results.

Case Reporting

Correctional facility medical staff must report any suspected or confirmed TB cases among inmates to the appropriate health agency in accordance with state and local laws and regulations, even if the inmate has been released or transferred from the facility. Reporting cases to health departments benefits the community by allowing it to obtain health department resources for case management and contact investigation. In addition, drug-susceptibility results should be used to inform optimal therapy and to monitor drug resistance. The drug-susceptibility results should be reported to all health departments managing contacts of the TB case because the choice of medication for LTBI therapy is based on drug-susceptibility test results of the source case. Reports to local or state health departments should be made by the facility that has custodial responsibility for the inmate.

Airborne Infection Isolation

TB airborne precautions should be initiated for any patient who 1) has signs or symptoms of TB disease and has not completed treatment or not previously been determined to be non-infectious; 2) has a documented TB disease and has not completed treatment or not previously been determined to be non-infectious; or 3) has a clinical syndrome that explains the clinical syndrome or 2) the patient has three negative AFB sputum-smear results and the suspicion of TB disease remains after the collection of three negative AFB sputum-smear results. Airborne precautions can be discontinued when infectious TB disease is considered unlikely and either 1) a clinician determines that the patient is no longer infectious or 2) the patient has three consecutive negative AFB sputum-smear results. Patients whom the suspicion of TB disease remains after the collection of three negative AFB sputum-smear results should remain in an AII room until they are on standard multidrug anti-TB treatment and are clinically improved. Patients who have drug-susceptible TB of the lung, airways, or larynx; who are on standard multidrug anti-TB therapy and have had a clinical and bacteriologic response to therapy are probably no longer infectious. However, because drug-susceptibility results typically are not known when the decision to discontinue airborne precautions is made, patients whom the probability of TB disease is high should remain in an AII room while incarcerated until they have received standard multidrug anti-TB treatment and have had three consecutive negative AFB sputum smear results, 2) received standard multidrug anti-TB treatment and have had clinical improvement.

Environmental Controls

Environmental controls should be implemented when the risk for TB transmission persists despite treatment of infected inmates. Environmental controls are used to remove, inactivate, or kill *M. tuberculosis* in the environment so that the organism could be transmitted. Primary environmental controls consist of controlling the source of TB, such as coughs and sneezes, and exhaust ventilation (e.g., hoods, tents, or booths) and diluting and removing contaminated air using

Secondary environmental controls consist of controlling the airflow to prevent contamination of a source (AII rooms) and cleaning the air using HEPA filtration and/or UVGI. The efficiency of different secondary environmental controls varies. A detailed discussion concerning the application of environmental controls has been published previously(21).

Personal Respiratory Protection

Respiratory protection is used when administrative (i.e., identification and isolation of infectious TB cases) and environmental controls alone have not reduced the risk for infection with *M. tuberculosis* to an acceptable level. Respiratory protection might be most appropriate in specific settings and situations within correctional facilities. For example, protection is warranted for inmates and facility staff when they enter AII rooms, transport inmates in an enclosed vehicle, and perform or participate in cough-inducing procedures. In correctional facilities, the use of an approved N95 air-purifying respirator will provide adequate respiratory protection in the majority of situations. The use of respirators.

All correctional facility staff members who use respirators for protection against infection with *M. tuberculosis* must participate in the facility's respiratory protection program (e.g., understand their responsibilities, obtain medical clearance, and engage in fit testing). All facilities should develop, implement, and maintain a respiratory protection program for health-care workers or other staff who use respiratory protection. (Respiratory protection is required for facilities covered by OSHA.) In addition to staff members, visitors to inmates with TB disease should be instructed to wear respirators to wear while in AII rooms and instructed how to ensure their own respiratory protection. Each facility, regardless of TB risk classification (i.e., minimal or non-minimal), should have a policy on the use of respirators by visitors of patients.

Diagnosis and Treatment of LTBI and TB Disease

A diagnosis of TB disease should be considered for any patient who has a persistent cough (≥ 3 weeks), hemoptysis, night sweats, weight loss, or other symptoms compatible with TB disease (e.g., bloody sputum [hemoptysis], night sweats, weight loss). Diagnostic tests for TB include the TST, QFT-G, chest radiography, and laboratory examination of sputum, lymph node body tissues and fluids. Persons exposed to inmates with TB disease might become infected with *M. tuberculosis* and the degree and duration of exposure. Therefore, the treatment of persons with TB disease is an important TB control by stopping transmission and preventing potentially infectious cases from developing. A diagnosis of TB disease should be considered for any patient who has a persistent cough (≥ 3 weeks), hemoptysis, night sweats, weight loss, or other symptoms compatible with TB disease (e.g., bloody sputum [hemoptysis], night sweats, weight loss). Diagnostic tests for TB include the TST, QFT-G, chest radiography, and laboratory examination of sputum, lymph node body tissues and fluids. Persons exposed to inmates with TB disease might become infected with *M. tuberculosis* and the degree and duration of exposure. Therefore, the treatment of persons with TB disease is an important TB control by stopping transmission and preventing potentially infectious cases from developing. A condition that can be diagnosed by the TST or QFT-G.

Regardless of age, correctional facility staff and inmates in the following high-risk groups should be considered for treatment of LTBI if their reaction to the TST is ≥ 5 mm:

- HIV-infected persons,
- recent contacts of a TB patient,
- persons with fibrotic changes on chest radiograph consistent with previous TB disease, and
- patients with organ transplants and other immunocompromising conditions who receive therapy with corticosteroids or other immunosuppressive drugs for ≥ 1 month.

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All other correctional facility staff and inmates should be considered for treatment of LTBI if their TST reaction is ≥ 5 mm. The preferred treatment for LTBI is 9 months of daily isoniazid or biweekly dosing at 300 mg. Although LTBI treatment regimens are broadly applicable, modifications should be considered for patients with HIV infection) and when drug resistance is suspected.

Individualized case management should be provided for all patients with TB disease. In addition, treatment should be coordinated with officials of the local or state health department. Regimens for treating TB disease should be based on the number of doses taken within a maximum period (not simply a 6-month total treatment period). For the majority of patients, the preferred regimen consists of an initial 2-month phase of isoniazid, rifampin, pyrazinamide, and ethambutol, followed by a continuation phase of isoniazid and rifampin lasting ≥ 4 months, for a minimum total treatment period of 6 months. The preferred regimen should be based on the number of doses taken within a maximum period (not simply a 6-month total treatment period).

with cavitary pulmonary TB disease and positive cultures of sputum specimens at the completion should receive a longer, 7-month continuation phase of therapy (total duration: 9 months) because of the high rate of relapse among persons with this type of TB disease.

Drug-susceptibility testing should be performed on all initial *M. tuberculosis* isolates from patients. When results from drug-susceptibility tests become available, the treatment regimen should be adjusted accordingly. Providers treating patients with drug-resistant TB disease should seek expert consultation and consult with the local health department for treatment decisions.

TB treatment regimens might need to be altered for HIV-infected persons who are receiving antiretroviral therapy. Whenever possible, the care of persons with concomitant TB and HIV should be provided by or in consultation with providers experienced in the management of both TB and HIV-related disease.

The primary determinant of treatment outcome is patient adherence to the drug regimen. Thus, interventions should be paid to measures designed to enable and foster adherence. DOT is the preferred treatment strategy for persons with TB disease and high-risk (e.g., HIV infected) persons with LTBI. DOT should be used throughout the course of treatment whenever feasible. Practitioners providing treatment to inmates should coordinate DOT with the local health department to ensure continuity of care after an inmate's release. The local health department also may be involved in monitoring therapy for persons with TB disease.

Discharge Planning

Postrelease follow-up is a necessary component of TB control efforts. Effective discharge planning requires coordination between corrections and medical staff (both intra- and interfacility), as well as with public health and community health service organizations.

To ensure uninterrupted treatment, discharge planning for inmates in whom TB disease is diagnosed should begin as soon as possible after diagnosis. Corrections or health service administrators (or their designees) should coordinate with the public health department of inmates receiving treatment for TB disease or LTBI. Inmates with TB disease should be interviewed while still incarcerated (ideally by public health staff) to enable facility administrators to coordinate appropriate support and referrals that will be needed after discharge.

All correctional facilities should assign personnel (preferably health-care professionals) to serve as TB case managers. Facility managers should be responsible for conducting discharge planning in the facility, which entails coordinating with the local health department and other health-care counterparts.

Contact Investigation

The overall goal of a TB contact investigation is to interrupt transmission of *M. tuberculosis*. Ongoing contact investigations are prevented by 1) identifying, isolating, and treating other persons with TB disease (e.g., secondary contacts of the source and secondary patients) and providing them with a complete course of treatment; 2) Because decisions involved in planning and prioritizing contact investigations in correctional facilities are complex, the process benefits from the input of a larger, multi-disciplinary team when possible. The best preparation for contact investigations in correctional facilities is ongoing, formal collaboration between correctional and public health staff. The decision to initiate a contact investigation for an inmate or detainee with possible TB is made on a case-by-case basis. In general, contact investigations should be conducted in the following circumstances: 1) suspected or confirmed laryngeal, or pleural TB and cavitary disease on chest radiograph or positive AFB smear results (based on results of respiratory specimens) or 2) suspected or confirmed pulmonary (noncavitary) or pleural TB and positive AFB smear results (sputum or other respiratory specimens) and a decision has been made to initiate TB treatment. A contact investigation may be conducted for smear-negative cases.

Contact investigation should be conducted in a stepwise fashion that includes 1) notifying corrections and public health staff; 2) conducting a chart review of the source patient; 3) interviewing the source patient; 4) defining the scope of the contact investigation; 5) convening the contact investigation team; 6) updating correctional management officials about the process and the action steps involved in conducting the contact investigation; 7) obtaining source case inmate traffic logs and identifying the locations of the TB source patient's housing during the infectious period; 8) touring exposure sites and identifying contacts according to duration and intensity of exposure and risk factors for becoming infected with TB disease.

TB disease; 10) developing contact lists; 11) conducting a medical record review on each high-priority HIV-infected contacts promptly; 13) placing and reading initial TSTs or QFT-Gs on eligible contacts for contact evaluation (e.g., referrals to the local health department for contacts of inmates who have been transferred to another facility, family members, frequent visitors of the source patient); 15) calculating and determining the need to expand the investigation; 16) placing and reading follow-up TSTs or QFT-Gs to determine infection/transmission rate from the second round of testing; and 18) writing a summary report.

Training and Education

Although the level and detail of any employee's initial TB training and education session will vary according to members' job responsibilities, the following components should be included for all correctional workers performing this function: 1) communication regarding the basic concepts of *M. tuberculosis* transmission, signs, symptoms, and prevention (including the difference between LTBI and TB disease), and prevention; 2) provision of basic information on the importance of following up on inmates or correctional workers demonstrating signs or symptoms of TB; 3) explanation of the need for initiation of AII of inmates with suspected or confirmed TB disease; 4) indications for discontinuing AII precautions; 5) discussion of basic principles of treatment for TB disease; and 6) discussion regarding TB disease in immunocompromised persons.

Correctional workers in facilities with a high risk of TB transmission should receive enhanced training and education regarding 1) the signs and symptoms of TB disease, 2) transmission of TB disease, and 3) infection-control policies (including instruction on and location of written infection-control policies and procedures, the TB control plan, and the respiratory protection program).

State and local health department staff providing consultation or direct services to a correctional facility (including those who act as liaisons) should receive training and education regarding the unique aspects of health care in a correctional facility setting. Correctional facility administrators, contracted correctional facility health-care providers, and health department staff should collaborate to develop an appropriate training program. Inmate education from facility health-care professionals or other appropriately trained workers managing the TB treatment process. Education and training should be appropriate in terms of the education level and content of the program.

Program Evaluation

Program evaluation should be performed based on the CDC framework. Successful monitoring and evaluation of a TB prevention and control program includes identifying collaborators, describing the TB-control program, conducting program evaluation to assess TB risk and performance, collecting and organizing data, analyzing data and using the information to improve the TB program.

Collaboration and Responsibilities

The management of TB from the time an inmate is suspected of having the disease until treatment is initiated provides multiple opportunities for collaboration between correctional facilities and the public health department. Organizational mechanisms (e.g., designated liaisons, regular meetings, health department TB-provision services, and written agreements) have been demonstrated to be associated with more effective TB control in correctional facilities and health departments.

Correctional facilities and health departments should each designate liaisons for TB-associated efforts. The liaison should be a familiar and accessible communication link between collaborating entities. The duty of liaison should be assigned to the person responsible for TB control or to another staff member familiar with TB management at the facility.

Correctional facilities and health departments should work together to agree on and delineate the responsibilities. Establishing clear roles and responsibilities helps avoid duplication, confusion, threats to patient confidentiality, excess expenditures, and missed opportunities. Agreements about roles and responsibilities can be formal or informal, but they should be recorded in writing to avoid misunderstandings and to give them authority beyond personal relationships.

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* The epidemiology of TB in the United States has changed dramatically since the early 1990s. Immigration from cou TB contributes substantially to the continued high rates of disease and transmission among foreign-born persons. In / foreign-born persons in the Untied States was 8.7 times higher than the rate for persons born in the United States. Mo 2003 occurred in foreign-born persons, particularly those from Mexico, the Philippines, and Vietnam. Of 114 patients TB (MDR TB) were diagnosed, foreign-born persons accounted for 95 (83%) cases (6). Detention facilities and local j Immigration and Customs Enforcement (ICE) to house detainees, a practice that should be accounted for in assessing

† Therapy that involves providing the anti-TB drugs directly to the patient and watching as the patient swallows the n preferred core management strategy for all patients with TB. DOT for LTBI is referred to sometimes as directly obse

§ Formerly called a negative pressure isolation room, an AII room is a single-occupancy patient-care room used to isol confirmed infectious TB disease. Environmental factors are controlled in AII rooms to minimize the transmission of i spread from person to person by droplet nuclei associated with coughing or aerosolization of contaminated fluids. AI pressure in the room so clean air flows under the door gap into the room, an air flow rate of 6--12 air changes per hou air from the room to the outside of the building or recirculation of air through a high efficiency particulate air (HEP/

‡ ACH is the ratio of the volume of air entering the room or booth per hour to the volume of that room or booth. It eq cubic feet per minute (cfm) divided by the volume of the room or booth (V) in cubic feet (ft³) multiplied by 60 minutes

**** Surgical masks should never be worn in place of a respirator. Surgical masks often fit so poorly that they provide no protection against any airborne hazard, including *M. tuberculosis*. Surgical masks are designed to protect others from the wearer; they do not provide respiratory protection to the wearer.**

†† Asymptomatic contacts with normal chest radiographs typically do not require isolation.

§§ Because being immunocompromised (having pathologic or iatrogenic immune suppression, e.g., HIV infection or chronic TB disease), correctional workers should be educated on the relation between TB and medical conditions associated with immunocompromise. Correctional workers should be encouraged to discuss known or possible immunocompromising conditions with their health care professionals.

¶¶ Public health departments typically track treatment completion rates for patients referred to their care.

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