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## **Guidelines for Environmental Infection Con**

## Recommendations of CDC and the Healthcare Infection Control Pr

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The material in this report originated in the National Center for Infectious Diseases, James M. Hughes, M.D., Director; and t Director.

## **Summary**

The health-care facility environment is rarely implicated in disease transmission, except a inadvertent exposures to environmental pathogens (e.g., Aspergillus spp. and Legior tuberculosis and varicella-zoster virus) can result in adverse patient outcomes and confection-control strategies and engineering controls can effectively prevent these infection pseudo-outbreaks can be minimized by 1) appropriate use of cleaners and disinfectants automated endoscope reprocessors or hydrotherapy equipment); 3) adherence to water standards for specialized care environments (e.g., airborne infection isolation rooms, promanagement of water intrusion into the facility. Routine environmental sampling is not hemodialysis settings and other situations where sampling is directed by epidemiologic control decisions.

This report reviews previous guidelines and strategies for preventing environment-a recommendations. These include 1) evidence-based recommendations supported by studic Administration, U.S. Environmental Protection Agency, U.S. Department of Labor, O Department of Justice); 3) guidelines and standards from building and equipment profes Association for the Advancement of Medical Instrumentation, and American Society of E recommendations derived from scientific theory or rationale; and 5) experienced opinion. The report also suggests a series of performance measurements as a m

Introduction

Parameters of the Report

This report, which contains the complete list of recommendations with pertinent refer Control in Health-Care Facilities. The full four-part guidelines will be available on Cl website. Relative to previous CDC guidelines

- revises multiple sections (e.g., cleaning and disinfection of environmental surfaregulated medical waste) from previous editions of CDC's Guideline for International States of CDC.
  - incorporates discussions of air and water environmental concerns from CDC
    - consolidates relevant environmental infection-control meas
- includes two topics not addressed in previous CDC guidelines --- infection-contr water quality in hemodialysis

In the full guidelines, Part I, Background Information: Environmental Infection Con review of the relevant scientific literature. Attention is given to engineering and infe renovation, and repair of health-care facilities. Use of an infection-control risk assessn other activities expected to generate dust or water aerosols. Also reviewed in Part catastrophic events (e.g., flooding, sewage spills, loss of electricity and ventilation, o environmental surfaces, laundry, plants, animals, medical wastes, cloth furnishings facilities. Part III and Part IV of the full guidelines provide references (for the Part II (this report) contains recommendations for environmental infection control preventing infections associated with air, water, or other elements of the environment divisions within CDC's National Center for Infectious Diseases and the Healthcare Inf a 12-member group that advises CDC on concerns related to the surveillance, preve primarily in U.S. health-care facilities. In 1999, HICPAC's infection-control focus was health care is provided (e.g., outpatient surgical centers, urgent care centers, clinics, o nursing facilities). The topics addressed in this report are applicable to the majority of intended for use primarily by infection-control practitioners, epidemiologists, em managers, information systems professionals, administrators, environmental service pi

- infection-control impact of ventilation system and
- · establishment of a multidisciplinary team to conduct in
- use of dust-control procedures and barriers during construct
  - environmental infection-control measures for special
- use of airborne-particle sampling to monitor the effectiveness of
- procedures to prevent airborne contamination in operating rooms when ir
- guidance regarding appropriate indications for routine culturing of water as p
  - guidance for recovering from water-system disruptions, water le
- infection-control concepts for equipment using water from main lines (e.g., wat equipment, dental unit water lines, and automate
  - environmental surface cleaning and disinfection strategies with res
    - infection-control procedures for healt
    - use of animals in health care for activit
    - managing the presence of service animals in
    - infection-control strategies for when animals receive treatme

• a call to reinstate the practice of inactivating amplified cultures and stocks of Topics outside the scope of this report include 1) noninfectious adverse events (e.g., si home, 3) home health care, 4) terrorism, and 5) health-care

Wherever possible, the recommendations in this report are based on data from well-dewere conducted by using narrowly defined patient populations or specific health-care making generalization of findings potentially problematic. Construction standards for residential home-care units. Similarly, infection-control measures indicated for imm those facilities where such patients are r

Other recommendations were derived from knowledge gained during infectious diseast termination of the outbreak was often the result of multiple interventions, the major evaluated. This is especially true for construction situated.

Other recommendations were derived from empiric engineering concepts and may conclusions. Where recommendations refer to guidance from the American Institution intended for new construction or renovation. Existing structures and engineered systematics standards in effect at the time of construction

Also, in the absence of scientific confirmation, certain infection-control recommendations strong theoretic rationale and suggestive evidence. Finally, certain recommendations Performance Measurements

Infections caused by the microorganisms described in this guideline are rare events, an a facility may not be readily measurable. Therefore, the following steps to measure recommendations:

- 1. Document whether infection-control personnel are actively involved in all phase renovation. Activities should include performing a risk assessment of the necessand documenting of the presence of negative airflow within the
  - 2. Monitor and document daily the negative airflow in AII rooms and positive air rooms.
- 3. Perform assays at least once a month by using standard quantitative methods for for heterotrophic and mesophilic bacteria in water used to prepare
- 4. Evaluate possible environmental sources (e.g., water, laboratory solutions, or remycobacteria (NTM) of unlikely clinical importance are isolated from clinical cuthe probable mechanism
- 5. Document policies to identify and respond to water damage. Such policies show porous materials within 72 hours, or removal of the wet mater Updates to Previous Recommendati

Contributors to this report reviewed primarily English-language manuscripts identifi Medicine's MEDLINE, bibliographies of published articles, and infection-control to opinions of all reviewers. This report updates the following publish

CDC. Guideline for handwashing and hospital environmental control. MMWR 1998; laundry, infective waste, and housek

Tablan OC, Anderson LJ, Arden NH, et al., Hospital Infection Control Practices Adv pneumonia. Infect Control Hosp Epidemiol 1994;15:587--627. Updates and expa

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aspergillosis and Legionnaires disease; online version incorporates Appendices B, C,:
Legionella spp.
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CDC. Guidelines for preventing the transmission of *mycobacterium tuberculosis* in heasupplemental information on engineerin

CDC. Recommendations for preventing the spread of vancomycin resistance: recom Advisory Committee (HICPAC). MMWR 1995;44(No. RR12). Supplements environ Hospitals with Endemic VRE or Continued VI

Garner JS, Hospital Infection Control Practices Advisory Committee. Guideline for Epidemiol 1996;17:53--80. Supplements and updates topics in Part II --- Recommendational Recommendation of the commendation of the commendation

Mangram AJ, Horan TC, Pearson ML, Silver LC, Jarvis WR, Hospital Infection prevention of surgical site infection. Infect Control Hosp Epidemiol 1999;4:250-cleaning/disinfection recommendations from the section, Intraoperation

U.S. Public Health Service, Infectious Diseases Society of America, Prevention of O guidelines for the prevention of opportunistic infections in persons infected with hur 2002; 10:3--64. Supplements information regarding patient interact

CDC, Infectious Diseases Society of America, American Society of Blood and Marrow infections among hematopoietic stem cell transplant recipients. Cytotherapy 2001;3

Infection Control.

**Key Terms** 

Airborne infection isolation (AII) refers to the isolation of patients infected with or diameter. This isolation area receives numerous air changes per hour (ACH) (≥1 construction before 2001), and is under negative pressure, such that the direction of corridor) into the room. The air in an AII room is preferably exhausted to the outside filtered through a high-efficiency particulate air (HEPA) filter. The use of personal rethese rooms when caring for TB or smallpox patients and for staff who lack immunity virus [VZV] infection).

Protective environment (PE) is a specialized patient-care area, usually in a hospital, wi from the room to the outside adjacent space). The combination of HEPA filtration, minimal leakage of air into the room creates an environment that can safely acc

hematopoietic stem cell transplant (

Immunocompromised patients are those patients whose immune mechanisms are d immunodeficiency virus [HIV] infection or congenital immune deficiency syndrome) cardiac failure), or immunosuppressive therapy (e.g., radiation, cytotoxic chen Immunocompromised patients who are identified as high-risk patients have the great microorganisms. Patients in this subset include persons who are severely neutropenic count [ANC] of ≤500 cells/mL), allogeneic HSCT patients, and those who have receive myelogenous leukemia patients.

**Abbreviations** 

AAMI Association for the Advancement of Medi ACH air changes per hour

**AER** automated endoscope reproc AHJ authority having jurisdict **AIA American Institute of Archi** AII airborne infection isolatio **ANSI American National Standards** ASHRAE American Society of Heating, Refrigeration, and BMBL Biosafety in Microbiological and Biomedical Laboratories **CFR Code of Federal Regulation** CJD Creutzfeldt-Jakob diseas **CPL** compliance document (OSI DFA direct fluorescence assa DHHS U.S. Department of Health and Hu **DOT U.S. Department of Transpor** EC environment of care **EPA U. S. Environmental Protection** FDA U.S. Food and Drug Administ **HBV** hepatitis B virus HEPA high efficiency particulate HIV human immunodeficiency v HSCT hematopoietic stem cell tran HVAC heating, ventilation, air cond **ICRA** infection-control risk assess JCAHO Joint Commission on Accreditation of Hea NaOH sodium hydroxide NTM nontuberculous mycobact **OSHA Occupational Safety and Health A** PE protective environment PPE personal protective equipm TB tuberculosis **USC United States Code USDA U.S. Department of Agricu UV** ultraviolet UVGI ultraviolet germicidal irrad VHF viral hemorrhagic fever VRE vancomycin-resistant Enterod

**Recommendations for Environmental Infection Control** 

**Rationale for Recommendations** 

VZV varicella zoster virus

VRSA vancomycin-resistant Staphyloco

As in previous CDC guidelines, each recommendation is categorized on the basis of exi possible economic effect. The recommendations are evidence-based wherever possible

empiric infection-control or engineering principles, theoretic rationale, or from experience (e.g., floods).

The HICPAC system for categorizing recommendations has been modified to include a by state or federal regulations. Guidelines and standards published by the AIA, A Conditioning Engineers (ASHRAE), and the Association for the Advancement of Me recommendations. These standards reflect a consensus of expert opinions and extens Health and Human Services. Compliance with these standards is usually voluntary. He standards as regulations. For example, the standards from AIA regarding construction have been adopted by reference by >40 states. Certain recommendations have two categories and IC), indicating the recommendation is evidence-based as

**Rating Categories** 

Recommendations are rated according to the fo

Category IA. Strongly recommended for implementation and strongly supported by studies.

Category IB. Strongly recommended for implementation and supported by certain experimental theoretic rationale.

Category IC. Required by state or federal regulation, or representing an established a agencies and regulatory citations are listed where appropriate. Recommendations to Recommendations from AIA guidelines cite the appropriate Category II. Suggested for implementation and supported by suggestive clinica Unresolved issue. No recommendation is offered. No consensus or insu

**Recommendations --- Air** 

I. Air-Handling Systems in Health-Car

- A. Use AIA guidelines as minimum standards where state or local regulations ar systems in new or renovated health-care facilities. Ensure that existing structure construction (1). Category IC (AIA
- B. Monitor ventilation systems in accordance with engineers' and manufacturer optimal performance for removal of particulates, and elimination of excess me 9.31.D, 10.31.D, 11.31.D, Environmental Protection
- 1. Ensure that heating, ventilation, air conditioning (HVAC) filters are properly overloads (2,4,6,9). Categor
  - 2. Monitor areas with special ventilation requirements (e.g., AII or PE) for A Category IB, IC (AIA: 7.2.C7.
  - a. Develop and implement a maintenance schedule for ACH, pressure differed data as part of the multidiscipli assessment. Take into account the age and b. Document these parameters, especially the
  - 3. Engineer humidity controls into the HVAC system and monitor the control

a. Locate duct humidifiers upstream fr b. Incorporate a water-removal mechan c. Locate all duct takeoffs sufficiently downstream from the humid

- 4. Incorporate steam humidifiers, if possible, to reduce potential for microbial phumidifiers. Category 1
  - 5. Ensure that air intakes and exhaust outlets are located properly in construction (1,27). Category IC (AIA: 7.31.D 9.31.D3, 10.31.D3, 11.31

a. Locate exhaust outlets >25 ft from a b. Locate outdoor air intakes ≥6 ft above grour c. Locate exhaust outlets from contaminated areas above roof lev

- 6. Maintain air intakes and inspect filters periodically to ensure proper o 7. Bag dust-filled filters immediately upon removal to prevent dispersion of du (4,28). Category IB
  - a. Seal or close the bag containing the b. Discard spent filters as regular solid waste, regardless of the
  - 8. Remove bird roosts and nests near air intakes to prevent mites and fungal Category IB
- 9. Prevent dust accumulation by cleaning air-duct grilles in accordance with fa are not occupied by patients (1

Category IC, II (AIA: 7.3)

- 10. Periodically measure output to monitor system function; clean ventilation optimum performance (1,31,32). Ca (AIA: 7.31.D10)
- C. Use portable, industrial-grade HEPA filter units capable of filtration rates i respirable particles as needed (33).
- 1. Select portable HEPA filters that can recirculate all or nearly all of the room
  - 2. Portable HEPA filter units placed in construction zones can be used later i surfaces are cleaned, and the filter r performance verified by appropriate partic
    - 3. Situate portable HEPA units with the advice of facility engineers to en

- 4. Ensure that fresh-air requirements for the area
- D. Follow appropriate procedures for use of areas with through-the-wall ventilatio 10.31.D18, 11.31.D15)
  - 1. Do not use such areas as PE rooms (1). Cat
  - 2. Do not use a room with a through-the-wall ventilation unit as an AII rool engineering controls are met (1,34). Ca

7.2.C3)

- E. Conduct an infection-control risk assessment (ICRA) and provide an adequate n meet the needs of the patient population (1,2,7,8,17,19, 20,34,36)
  - F. When ultraviolet germicidal irradiation (UVGI) is used as a supplemental engaciling or suspended from the ceiling as an upper air unit; 2) in the air-return abooths for sputum induction (34).
  - G. Seal windows in buildings with centralized HVAC systems, including I H. Keep emergency doors and exits from PE rooms closed except during an eme Category II
    - I. Develop a contingency plan for backup capacity in the event of a general period Accreditation of Healthcare Organizations [JCAHO]:
    - 1. Emphasize restoration of appropriate air quality and ventilation conditions departments, and intensive care un Category IC (AIA: 1.5.A1; JCA)
  - 2. Deploy infection-control procedures to protect occupants until power and sys 5.1, 5.2; JCAHO: EC 1.
  - J. Do not shut down HVAC systems in patient-care areas exept for maintenance construction (1,46). Category IB, IC (A
    - 1. Coordinate HVAC system maintenance with infection-control staff and re Category IC (AIA: 5.1, 5
    - 2. Provide backup emergency power and air-handling and pressurization syst differentials in PE rooms, AII room
      - rooms, and other critical-care areas (1,37,47).
  - 3. For areas not served by installed emergency ventilation and backup systems, upatients in those areas (33). Ca
    - 4. Coordinate system startups with infection-control staff to protect patients Category IC (AIA: 5.1, 5
      - 5. Allow sufficient time for ACH to clean the air once the system is opera

- K. HVAC systems serving offices and administrative areas may be shut down for  $\epsilon$  alter or adversely affect pressure differentials maintained in laboratories or crit PE rooms, AII rooms, operating roon
  - L. Whenever possible, avoid inactivating or shutting down the entire HVAC s M. Whenever feasible, design and install fixed backup ventilation systems for no operating rooms, and other critical-care areas identified by

II. Construction, Renovation, Remediation, Rep

- A. Establish a multidisciplinary team that includes infection-control staff to coordin consider proactive preventive measures at the inception; produce and mainta 16,38,48--51). Category IB, IC (
  - B. Educate both the construction team and health-care staff in immunocomprom risks associated with construction projects, dispersal of fungal spores during su fungal spores (11--16,27,50,52--56).
  - C. Incorporate mandatory adherence agreements for infection control into construction mechanisms to ensure timely correction of problems (1,11,1).
    - D. Establish and maintain surveillance for airborne environmental disease (e. renovation, repair, and demolition activities to ensure the health and safety of
  - 1. Using active surveillance, monitor for airborne infections in immuno 2. Periodically review the facility's microbiologic, histopathologic, and postmorte
    - 3. If cases of aspergillosis or other health-care--associated airborne fungal infection biopsies and cultures as feasible 16,27,50,57--59). Categor
- E. Implement infection-control measures relevant to construction, renovation, main IB, IC (AIA: 5.1, 5.2)
  - 1. Before the project gets under way, perform an ICRA to define the scope of 1 16,48--51,60). Category IB, IC (
  - a. Determine if immunocompromised patients may be at risk for exposure to 1 16.48.51).
    - b. Develop a contingency plan to prevent such
    - 2. Implement infection-control measures for external demolition and cons
  - a. Determine if the facility can operate temporarily on recirculate b. If this is not possible or practical, check the low-efficiency (roughing) filter of particulates.
    - c. Seal windows and reduce wherever possible other sources of outside air

- 3. Avoid damaging the underground water system (i.e., buried pipes) to prevent IB, IC (AIA: 5.1)
  - 4. Implement infection-control measures for internal construction activities (
  - a. Construct barriers to prevent dust from construction areas from entering p fungal spores and in compliance w codes (1,45,48,49,55,64
    - b. Seal off and block return air vents if rigid barriers a
    - c. Implement dust-control measures on surfaces and divert pedesti
  - d. Relocate patients whose rooms are adjacent to work zones, depending on the forgeneration of dust or water at the methods used to control these a
    - 5. Perform those engineering and work-site related infection-control measurenovations (1,48,49,51,64,66). Catego

5.1, 5.2)

a. Ensure proper operation of the air-handling system in the affected area after negative pressure (39,47,50,64).

IB

- b. Create and maintain negative air pressure in work zones adjacent to patient are maintained (1,48,49,51,6
  - c. Monitor negative airflow inside rig
  - d. Monitor barriers and ensure integrity of the construction barriers; a e. Seal windows in work zones if practical; use window chutes for disposal negative pressure differential for

maintained (1,13,48

- f. Direct pedestrian traffic from construction zones away from patient-care ar
- g. Provide construction crews with 1) designated entrances, corridors, and ele facilities) and convenience serv
  - vending machines); 3) protective clothing (e.g., coveralls, footgear, and heat anteroom for changing clothing a

equipment (1,11,13--16

- h. Clean work zones and their entrances daily by 1) wet-wiping tools and tool mats with tacky surfaces inside th
  - and 3) covering debris and securing this covering before removi
  - i. In patient-care areas, for major repairs that include removal of ceiling tile plastic sheets or prefabricated pla

contain dust; use a negative pressure system within this enclosure to remo

portable HEPA filter capable of filti

300--800 ft<sup>3</sup>/min., or exhaust air directly to tl

j. Upon completion of the project, clean the work zone according to facility pr debris before removing rigid barri

*-16,48--50*).

k. Flush the water system to clear sediment from pipes to minimize l. Restore appropriate ACH, humidity, and pressure differential; clean or

F. Use airborne-particle sampling as a tool to evaluate bar

- G. Commission the HVAC system for newly constructed health-care facilities and r on ensuring proper ventilation for operating rooms, AII rooms, and PE areas
  - H. No recommendation is offered regarding routine microbiologic air sampling b occupancy of areas housing immunocompromised patients (
- I. If a case of health-care--acquired aspergillosis or other opportunistic environmentation after construction, implement appropriate follow-up me
  - 1. Review pressure-differential monitoring documentation to verify that pressu are appropriate for their settings

Category IB, IC (AIA:

- 2. Implement corrective engineering measures to restore proper pressure difference of the second of
- laboratory records ( $\underline{27}$ ,48,76,79,80). 4. If no epidemiologic evidence of ongoing transmission exists, continue routine fungal disease ( $\underline{27}$ ,75). Categ
- J. If no epidemiologic evidence exists of ongoing transmission of fungal disease, co the source (11,13--16,27,44,49--51,60,8
  - 1. Collect environmental samples from potential sources of airborne fungal spoi than settle plates (2,4,11,1

*16,<mark>27</mark>,44,49,50,64,65,81--86*). C

2. If either an environmental source of airborne fungi or an engineering probl promptly perform corrective measures

source and route of entry (49,60)

- 3. Use an EPA-registered antifungal biocide (e.g., copper-8-quinolinolate) for dec
  - 4. If an environmental source of airborne fungi is not identified, review infection identify potential areas for correction

(88,89). Category IB

5. If possible, perform molecular subtyping of *Aspergillus* spp. isolated from identities (90--94). Categor

- K. If air-supply systems to high-risk areas (e.g., PE rooms) are not optimal, use por until rooms with optimal air-handling systems become available.
  - III. Infection Control and Ventilation Requiren
- A. Minimize exposures of severely immunocompromised patients (e.g., solid-organ activities that might cause aerosolization of fungal spores (e.g., vacuuming o
  - B. Minimize the length of time that immunocompromised patients in PE are ou activities (37,62). Category
- C. Provide respiratory protection for severely immunocompromised patients when activities; consult the most recent revision of CDC's *Guideline for Prevention* regarding the appropriate type of respiratory pro
  - D. Incorporate ventilation engineering specifications and dust-controlling process (Figure 1). Category IB,
  - 1. Install central or point-of-use HEPA filters for supply (incoming) air (1,2,<u>27</u>,4 7.2.D)
    - 2. Ensure that rooms are well-sealed by 1) properly constructing windows, doo that are smooth and free of fissures
      - and crevices; 3) sealing walls above and below the ceiling; and 4) monitors (1.27.44.100.101). Get a sealing walls above and below the ceiling; and 4) monitors (1.27.44.100.101).
        - (1,27,44,100,101). Category IB, IC (
  - 3. Ventilate the room to maintain  $\geq$ 12 ACH (1,27,37,100,4. Locate air supply and exhaust grilles so that clean, filtered air enters from one
    - from the opposite side of the
    - (1,<u>27</u>,100,101). Category IC (AI
  - 5. Maintain positive room air pressure (≥2.5 Pa [0.01-inch water gauge]) in relati Table 7.2)
  - 6. Maintain airflow patterns and monitor these on a daily basis by using perman renovated construction, or by using
    - methods (e.g., flutter strips or smoke tubes) in existing PE units. Document 1.

      7. Install self-closing devices on all room exit doors in PE r
      - E. Do not use laminar air flow systems in newly constructe
- F. Take measures to protect immunocompromised patients who would benefit fr disease (e.g., acute VZV infection or
  - 1. Ensure that the patient's room is designed to r
- 2. Use an anteroom to ensure appropriate air-balance relationships and provide place a HEPA filter in the exhaus
  - return air must be recirculated (1,100) (Figure 2). Ca
- 3. If an anteroom is not available, place the patient in AII and use portable, indu the room (33). Category

G. Maintain backup ventilation equipment (e.g., portable units for fans or filters) areas and take immediate steps to restore the fixed ventilation

IV. Infection-Control and Ventilation Requirem

- A. Incorporate certain specifications into the planning and construction or renovati
  - 1. Maintain continuous negative air pressure (2.5 Pa [0.01 inch water gauge]) in pressure periodically, preferably

audible manometers or smoke tubes at the door (for existing AII rooms), or w

Document the results of mon

(1,100,101). Category IC (AIA: 7.2

2. Ensure that rooms are well-sealed by properly constructing windows, door indicates air leakage, locate the lea

necessary repairs (1,99,100). Category I

3. Install self-closing devices on all AII room exit doors

- 4. Provide ventilation to ensure  $\geq$ 12 ACH for renovated rooms and new rooms, IB, IC (AIA: Table 7.2
  - 5. Direct exhaust air to the outside, away from air-intake and populated ar recirculated after passing through a HI Category IC (AIA: Table
- B. Where supplemental engineering controls for air cleaning are indicated from a exhaust air ducts of the HVAC system to supplement HEPA filtration or instal room air (34). Category
  - C. Implement environmental infection-control measures for persons with di
  - 1. Use AII rooms for patients with or suspected of having an airborne infection enclosed booth that is engineered t

≥12 ACH; 2) air supply and exhaust rate sufficient to maintain a 2.5 Pa (0 respect to all surrounding spaces wi

rate of  $\geq$ 50 ft<sup>3</sup>/min; and 3) air exhausted directly outside away from air intal recirculation (1,34,105--107). Cate

(AIA: 7.15.E, 7.31.D23, 9.10,

- 2. Although airborne spread of viral hemorrhagic fever (VHF) has not been doct a VHF patient in an AII room, p
  - with an anteroom, to reduce the risk of occupational exposure to aerosolized respiratory secretions present in lateral control of the risk of occupational exposure to aerosolized respiratory secretions.

during the end stage of a patient's illness (

a. If an anteroom is not available, use portable, industrial-grade HEPA fi

equivalents for removing airborne

b. Ensure that health-care workers wear face shields or goggles with appropr with prominent cough, vomiting, or

hemorrhage (<u>109</u>)

- 3. Place smallpox patients in negative pressure rooms at the onset of their illnes (36). Category II
- D. No recommendation is offered regarding negative pressure or isolation for pa Unresolved issue.
- E. Maintain backup ventilation equipment (e.g., portable units for fans or filters) for rooms, and take immediate steps to restore the fixed ventilation V. Infection-Control and Ventilation Requirements
  - A. Implement environmental infection-control and ventilati
  - 1. Maintain positive-pressure ventilation with respect to corridors and adjace 2. Maintain  $\geq$ 15 ACH, of which  $\geq$ 3 ACH should be fresh air (1)
  - 3. Filter all recirculated and fresh air through the appropriate filters, providing Category IC (AIA: Table
  - 4. In rooms not engineered for horizontal laminar airflow, introduce air at the c IC (AIA: 7.31.D4)
    - 5. Do not use ultraviolet (UV) lights to prevent surgical-site
  - 6. Keep operating room doors closed except for the passage of equipment, personal (127,128). Category IB
    - B. Follow precautionary procedures for infectious TB patients who also requi
  - 1. Use an N95 respirator approved by the National Institute for Occupational Sa room (129,131). Category IC (Oc

Safety and Health Administration [OSHA]; 29 Code of Fed

- 2. Intubate the patient in either the AII room or the operating room; if intubatin to open until 99% of the airborne of are removed (Table 1) (34,117).
  - 3. When anesthetizing a patient with confirmed or suspected TB, place a bactairway to prevent contamination of

equipment or discharge of tubercle bacilli into the an

4. Extubate and allow the patient to recover in an A

5. If the patient has to be extubated in the operating room, allow adequate time (Table 1), because extubation is producing procedure (34,117).

- C. Use portable, industrial-grade HEPA filters temporarily for supplemental air c who require surgery (33,34,117).
  - 1. Position the units appropriately so that all room air passes through the fill appropriate placements (34). Ca
    - 2. Switch the portable unit off during the surgic
  - 3. Provide fresh air as per ventilation standards for operating rooms; portable u ACH (1,33,133). Category
- D. If possible, schedule TB patients as the last surgical cases of the day to maximize Category II
  - E. No recommendation is offered for performing orthopedic implant operatio
    Unresolved issue
  - F. Maintain backup ventilation equipment (e.g., portable units for fans or filters) immediate steps to restore the fixed ventilation system (1,47

VI. Other Potential Infectious Aerosol Hazards in

- A. In settings where surgical lasers are used, wear appropriate personal protective minimize exposure to laser plumes (129,135,136). Categor
  - B. Use central wall suction units with in-line filters to evacuate min
- C. Use a mechanical smoke evacuation system with a high-efficiency filter to manaablating tissue infected with human papilloma virus (HPV) or performing

(<u>34</u>,136,137,139--141). Categ

**Recommendations --- Water** 

- I. Controlling the Spread of Waterborne M
- A. Practice hand hygiene to prevent the hand transfer of waterborne pathogens, an guidelines (36,142--146). Cate
- B. Eliminate contaminated water or fluid environmental reservoirs (e.g., in equipm
  - C. Clean and disinfect sinks and wash basins on a regular basis by using an EPA-
  - D. Evaluate for possible environmental sources (e.g., potable water) of specimen NTM) of unlikely clinical importance are isolated from clinical cultures (e.g.
    - postprocedural, colonization after use of tap water in par
  - E. Avoid placing decorative fountains and fish tanks in patient-care areas; ensu fountains are used in public areas of the health-car
    - II. Routine Prevention of Waterborne Microbial Contamination
  - A. Maintain hot water temperature at the return at the highest temperature allows ( $\geq 51^{\circ}$ C), and maintain cold water temperature at  $<68^{\circ}$ F ( $<20^{\circ}$ C) ( $<27^{\circ}$ L)
- B. If the hot water temperature can be maintained at  $\geq 124^{\circ}F$  ( $\geq 51^{\circ}C$ ), explore engine point-of-use fixtures) to help minimize the risk of
- C. When state regulations or codes do not allow hot water temperatures above the 110°F (35°C--43.3°C) for nursing care facilities or when buildings cannot be retrocalternative preventive measures to minimize the growth of *Legi*

- 1. Periodically increase the hot water temperature to  $\geq 150^{\circ} F$  ( $\geq 6$  2. Alternatively, chlorinate the water and then flush it throu
- D. Maintain constant recirculation in hot-water distribution systems serving III. Remediation Strategies for Distribution System

A. Whenever possible, disconnect the ice machine before plan

- B. Prepare a contingency plan to estimate water demands for the entire facility expected to result in extensive and heavy microbial or chemical contamination (45,156). Category IC (JCAHO
- C. When a significant water disruption or an emergency occurs, adhere to any ad (157). Category IB, IC (Municipal Control of the control of t
  - 1. Alert patients, families, staff, and visitors not to consume water from drinking while the advisory is in effect, unle

has been disinfected (e.g., by bringing to a rolling boil for  $\geq 1$  min

2. After the advisory is lifted, run faucets and drinking fountains at full flow for chlorination (153,157). Category IC,

order; ASHRAE: 12:20

- D. Maintain a high level of surveillance for waterborne disease among patient. Corrective decontamination of the hot water system might be necessary after a chas occurred.
  - 1. Decontaminate the system when the fewest occupants are present in the but (ASHRAE: 12:2000)
  - 2. If using high-temperature decontamination, raise the hot-water temperature progressively flushing each outlet

system for  $\geq 5$  minutes ( $\frac{27}{153}$ ). Category I

3. If using chlorination, add enough chlorine, preferably overnight, to achieve a system (153). Category IC (AS 12:2000)

a. Flush each outlet until chlorine o b. Maintain the elevated chlorine concentration in

4. Use a thorough flushing of the water system instead of chlorination if a highly spp.) is suspected as the water co

**Category II** 

F. Flush and restart equipment and fixtures according to man

- G. Change the pretreatment filter and disinfect the dialysis water system with an reverse osmosis membrane and downstream microbial
  - H. Run water softeners through a regeneration cycle to restore t
- I. If the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-storage tank, consult the facility has a water-holding reservoir or water-holding
  - J. Implement facility procedures to manage a sewage system failure or floodir temporary transfer of patients or provision of services), and establish communic health department to ensure that advisories are received in a timely manner Municipal order)
    - K. Implement infection-control measures during sewage intrusion, fl
      - 1. Relocate patients and clean or sterilize supplies from
    - 2. If hands are not visibly soiled or contaminated with proteinaceous material process 1) before performing invasiv
      - 2) before and after each patient contact; and 3) whenever ha
  - 3. If hands are visibly soiled or contaminated with proteinaceous material, use so
  - 4. If the potable water system is not affected by flooding or sewage contaminatio to standard procedures. Cate
  - 5. Contact the manufacturer of the automated endoscope reprocessor (AER) for water advisory. Category
    - L. Remediate the facility after sewage intrusion, flooding, o
      - 1. Close off affected areas during cleanup pr
    - 2. Ensure that the sewage system is fully functional before beginning remedia removed. Category II
    - 3. If hard-surfaced equipment, floors, and walls remain in good repair, ensure according to standard cleaning p

**Category II** 

- 4. Clean wood furniture and materials (if still in good repair); allow them to d coatings. Category II
  - 5. Contain dust and debris during remediation and repair as outlined in
- M.Regardless of the original source of water damage (e.g., flooding versus water absorbent structural items (e.g., carpeting, wallboard, and wallpaper) and cleaned and dried within 72 hours (e.g., moisture content ≤20% as determined be soon as the underlying structure is declared by the facility engineer to
- IV. Additional Engineering Measures as Indicated by Epidemiologic Investigation Legionnaires Disease
- A. When using a pulse or one-time decontamination method, superheat the water b  $170^{\circ}F$  ( $71^{\circ}C$ -- $77^{\circ}C$ ) or hyperchlorinate the system by flushing all outlets for  $\geq 5$

residual chlorine using a chlorine-based product registered by the EPA for water (153,155,161--164). Categor

B. After a pulse treatment, maintain both the heated water temperature at recommendation (Water: II A) wherever practical and permitted by state code ppm) free residual chlorine at the tap by using a chlorine-based product reachly hypochlorite [bleach]) (153,165--169). Category IC

- C. Explore engineering or educational options (e.g., install preset thermostatic mix each outlet) to minimize the risk of scalding for patient
- D. No recommendation is offered for treating water in the facility's distribution sy or silver), monochloramines, ozone, or UV light (

V. General Infection-Control Strategies for Preventi

- A. Conduct an infection-control risk assessment of the facility to determine if patie present (27,189,190). Category
  - B. Implement general strategies for detecting and preventing Legionnaires dis immunocompromised patients (i.e., facilities that do not have HSCT or solid-o Category IB
  - 1. Establish a surveillance process to detect health-care--associated I
    2. Inform health-care personnel (e.g., infection control, physicians, patient-care s
    disease to occur and measures to p
    control health-care--associated legionellosis
    - 3. Establish mechanisms to provide clinicians with laboratory tests (e.g., cultuserology) for the diagnosis of Legion (27,189). Category II
  - C. Maintain a high index of suspicion for health-care--associated Legionnaires legionellosis on suspected cases, especially in patients at risk who do not requir patients aged ≥65 years; or patients with chronic underlying disease (e.g., diabete lung disease) (27,166,190,192--198).
- D. Periodically review the availability and clinicians' use of laboratory diagnostic use of the tests on patients with diagnosed or suspected pneumonia is limited, enhance clinicians' use of the test(s) (19)
  - E. If one case of laboratory-confirmed, health-care--associated Legionnaires dissuspected, health-care-associated Legionnaires disease occur during a 6-(181,189,191,193,199,200). Cat
    - 1. Report the cases to state and local health departments w
      2. If the facility does not treat severely immunocompromised patients, conductive review of microbiologic, serologic, are data to look for previously unidentified cases of health-care--associated I

surveillance for additional

(<u>27</u>,181,189,191,193,199,200). (

- 3. If no evidence of continued health-care--associated transmission exists, continued the initiation of surveillance ( 189,191,193,199,200). Cate
- F. If there is evidence of continued health-care--associated transmission (i.e., a determine the source of *Legionella* spp. (19
  - 1. Collect water samples from potential aerosolized water sour
  - 2. Save and subtype isolates of Legionella spp. obtained from patients and
- 3. If a source is identified, promptly institute water system decontamination m Category IB
- 4. If Legionella spp. are detected in  $\geq 1$  culture (e.g., conducted at 2-week interval them accordingly, and repeated at 2-week intervals.)
  - decontamination procedures; consider intensive use of techniques used in the and hyperchlorination (27,210,211)

B

- G. If an environmental source is not identified during a Legionnaires disease outh Either defer decontamination pending identification of the source of *Legionell* water distribution system, with special attention to areas in
- H. No recommendation is offered regarding routine culturing of water systems in (i.e., PE or transplant units) for persons at high risk for *Legionella* spp. infectio issue
  - I. No recommendation is offered regarding the removal of faucet aerators in a
    - J. Keep adequate records of all infection-control measures and environmental VI. Preventing Legionnaires Disease in Protective Environmental Control of the Control of the
- A. When implementing strategies for preventing Legionnaires disease among sever HSCT or solid-organ transplant programs, incorporate these specific surveilla outlined previously (see Appe
  - 1. Maintain a high index of suspicion for legionellosis in transplant patients eve legionellae (189,215). Catego
  - 2. If a case occurs in a severely immunocompromised patient, or if sever
    - B. Implement culture strategies and potable water and fixture treatment measured Category II

1. Depending on state regulations on potable water temperature in public but health-care--associated legionellosis

maintain heated water with a minimum return temperature of ≥124°F (≥51°

water to achieve 1--2 mg/L (1--2 p

residual chlorine at the tap (153--155,165,16

2. Periodic culturing for legionellae in potable water samples from HSCT or so comprehensive strategy to prevent

disease in these units (37,154,189,21

3. No recommendation is offered regarding the optimal methodology (i.e., frequently cultures in HSCT or solid-organ tra

Unresolved issue

4. In areas with patients at risk, when *Legionella* spp. are not detectable in unit aerators monthly by using a chlor

EPA-registered product. If an EPA-registered chlorine disinfectant is not available v/v dilution]) (153,187). Cate

- C. If Legionella spp. are determined to be present in the water of a transplant unit longer detected by cultur
  - 1. Decontaminate the water supply as outlined previously (Wat
  - 2. Do not use water from the faucets in patient-care rooms to avoid cr
    - 3. Restrict severely immunocompromised patients from ta
  - 4. Use water that is not contaminated with Legionella spp. for HSC7
  - 5. Provide patients with sterile water for tooth brushing, drinking, and for flu (37,219). Category IB
- D. Do not use large-volume room air humidifiers that create aerosols (e.g., by Vents subjected to high-level disinfection and filled only with steri

**VII.** Cooling Towers and Evaporative (

- A. When planning construction of new health-care facilities, locate cooling towe system, and design the towers to minimize the volume of aerosol drift
  - B. Implement infection-control procedures for operational cooling towers
    - 1. Install drift eliminators (153,203,222). Catego
    - 2. Use an effective EPA-registered biocide on a regular basis
  - 3. Maintain towers according to manufacturers' recommendations, and kee including environmental test results fr

outbreak investigations (153). Category I

C. If cooling towers or evaporative condensers are implicated in health-care--associ (199,203,221,223). Categor

VIII. Dialysis Water Quality and Di

- A. Adhere to current AAMI standards for quality-assurance performance of device in hemodialysis centers (both acute and maintenance [chronic] settings) and for Category IA, IC (AAMI: American National Standards Institute [AN
- B. No recommendation is offered regarding whether more stringent requirements hemodiafiltration. Unresolve
  - C. Conduct microbiologic testing specific to water in dialysis settings (229,230,236 ANSI/AAMI RD47:1993, RD6
    - 1. Perform bacteriologic assays of water and dialysis fluids at least once a mon methods (236--238). Category IA, ANSI/AAMI RD62:200

a. Assay for heterotrophic, mesophilic bacteri b. Do not use nutrient-rich media (e.g., blood

2. In conjunction with microbiologic testing, perform endotoxin testing on pro (229,230,239--242). Category IA,

ANSI/AAMI RD5:1992, ANSI/AAI

3. Ensure that water does not exceed the limits for microbial counts and endoto (AAMI: ANSI/AAMI RD5:

ANSI/AAMI RD47:199

- D. Disinfect water distribution systems in dialysis settings at least weekly (226-RD62:2001)
- E. Wherever practical, design and engineer water systems in dialysis settings to branches and taps that can harbor bacteria (226-- 228,231,236). Cate
- F. When storage tanks are used in dialysis systems, they should be routinely draine with an ultrafilter or pyrogenic filter (membrane filter with a pore size sufficient in the water line distal to the storage tank (236). Category 1

IX. Ice Machines and Ice

- A. Do not handle ice directly by hand, and wash hands b B. Use a smooth-surface ice scoop to dispense ice
- 1. Keep the ice scoop on a chain short enough that the scoop cannot touch the flouse (243,244). Category
  - 2. Do not store the ice scoop in the ice
- C. Do not store pharmaceuticals or medical solutions on ice intended for consump equipment specifically manufactured for this pur
- D. Machines that dispense ice are preferred to those that require ice to be remove

- E. Limit access to ice-storage chests, and keep container doors closed F. Clean, disinfect, and maintain ice-storage chests on
  - 1. Follow the manufacturer's instructions for
- 2. Use an EPA-registered disinfectant suitable for use on ice machines, dispense Category II
- 3. If instructions and EPA-registered disinfectants suitable for use on ice mach regimen (Box 3) (244). Category
- 4. Flush and clean ice machines and dispensers if they have not been disconnected

- G. Install proper air gaps where the condensate lines me
- H. Conduct microbiologic sampling of ice, ice chests, and ice-making machines a investigation (244,248,249). Cat

X. Hydrotherapy Tanks and Po

- A. Drain and clean hydrotherapy equipment (e.g., Hubbard tanks, tubs, whirlpoouse, and disinfect equipment surfaces and components by using an EPA-regi instructions. Category 1
  - B. In the absence of an EPA-registered product for water treatment
  - 1. Maintain a 15-ppm chlorine residual in the water of small hydrotherapy 2. Maintain a 2--5-ppm chlorine residual in the water of whirlpo
  - 3. If the pH of the municipal water is in the basic range (e.g., when chloramine community), consult the facility engine
    - the possible need to adjust the pH of the water to a more acidic level before discovery (252). Category II
      - C. Clean and disinfect hydrotherapy equipment after
      - D. Clean and disinfect inflatable tubs unless they are sin
- E. No recommendation is offered regarding the use of antiseptic chemicals (e.g., c Unresolved issue
  - F. Conduct a risk assessment of patients before their use of large hydrotherapy incontinence from pool use until their conditions.
- G. For large hydrotherapy pools, use pH and chlorine residual levels appropriate agencies. Category IC (Sta
  - H. No recommendation is offered regarding the use in health-care settings of w recreational use. Unresolved
    - XI. Miscellaneous Medical Equipment Connecte
- A. Clean, disinfect, and maintain AER equipment according to the manufacturer inadvertent contamination of endoscopes and bronchoscopes with water

1. To rinse disinfected endoscopes and bronchoscopes, use water of the highest (e.g., sterile water or bacteriologic

water [water filtered through 0.1--0.2- $\mu$ m filters]

2. Dry the internal channels of the reprocessed endoscope or bronchoscope by forced-air treatment) to lessen the

proliferation of waterborne microorganisms and to help preven

- B. Use water that meets nationally recognized standards set by the EPA for drinking routine dental treatment output water (264--267). Category ICC. Take precautions to prevent waterborne contamination of decay.
  - 1. After each patient, discharge water and air for a minimum of 20--30 second system that enters a patient's months.

handpieces, ultrasonic scalers, or air/water syri

- 2. Consult with dental water-line manufacturers to 1) determine suitable met quality; and 2) determine appropria
  - monitoring the water to ensure quality is mainta
- 3. Consult with the dental unit manufacturer regarding the need for periodic Category IB

## **Recommendations --- Environmental**

I. Cleaning and Disinfecting Strategies for Environmental S

- A. Select EPA-registered disinfectants, if available, and use them in accordance wit (EPA: 7 United States Code [USC]
  - B. Do not use high-level disinfectants/liquid chemical sterilants for disinfection environmental surfaces; such use is counter to label instructions for these to:

    Administration [FDA]: 21 CFR 80
    - C. Follow manufacturers' instructions for cleaning and maintaining
      D. In the absence of a manufacturer's cleaning instructi
    - 1. Clean noncritical medical equipment surfaces with a detergent/disinfectar registered hospital disinfectant with tuberculocidal claim (depending on the nature of the surface and the degreinstructions (274). Categor
      - 2. Do not use alcohol to disinfect large environment
  - 3. Use barrier protective coverings as appropriate for noncritical surfaces that delivery of patient care; 2) likely contaminated with blood or body substances; or 3) difficult to clear
- E. Keep housekeeping surfaces (e.g., floors, walls, tabletops) visibly clean on a regi
  - 1. Use a one-step process and an EPA-registered hospital detergent/disinfectan

care areas where 1) uncertainty ex

nature of the soil on the surfaces (e.g., blood or body fluid contamination vers the presence of multidrug resistant

on such surfaces (272,274,280,281

- 2. Detergent and water are adequate for cleaning surfaces in nonpatient-
- 3. Clean and disinfect high-touch surfaces (e.g., doorknobs, bed rails, light switch on a more frequent schedule that

touch housekeeping surfaces. (

- 4. Clean walls, blinds, and window curtains in patient-care areas when they
  - F. Do not perform disinfectant fogging in patient-care
- G. Avoid large-surface cleaning methods that produce mists or aerosols, or disperturbed H. Follow proper procedures for effective uses of mops, c
  - 1. Prepare cleaning solutions daily or as needed, and replace with fresh solution (280,281). Category II
  - 2. Change the mop head at the beginning of each day and also as required by for other body substances. Category
    - 3. Clean mops and cloths after use and allow to dry before reuse; or use single Category II
- I. After the last surgical procedure of the day or night, wet vacuum or mop oper registered hospital disinfectant (114)
- J. Do not use mats with tacky surfaces at the entrances to operating room K. Use appropriate dusting methods for patient-care areas designated for immuno Category IB
  - 1. Wet-dust horizontal surfaces daily by moistening a cloth with a small amou (37,40,280). Category II
    - 2. Avoid dusting methods that disperse dust (e.g., feat
- L. Keep vacuums in good repair and equip vacuums with HEPA filters for use a M. Close the doors of immunocompromised patients' rooms when vacuuming, wa airborne dust (37,40,289). Cate
- N. When performing low- or intermediate-level disinfection of environmental sur exposure of neonates to disinfectant residues on these surfaces by using EPA-r instructions and safety advisories (271,290--292). Categor
  - 1. Do not use phenolics or any other chemical germicide to disinfect bassinet Category IB
    - 2. Rinse disinfectant-treated surfaces, especially those treated with  $\boldsymbol{j}$

- O. When using phenolic disinfectants in neonatal units, prepare solutions to corinstructions, or use premixed formulations (271,290--292). Cat
  - II. Cleaning Spills of Blood and Body §
- A. Promptly clean and decontaminate spills of blood or other potentially infectiou 1910.1030 § d.4.ii.A)
- B. Follow proper procedures for site decontamination of spills of blood or blood-co CFR 1910.1030 § d.4.ii.
  - 1. Use protective gloves and other PPE appropriate for this task (293).
  - 2. If the spill contains large amounts of blood or body fluids, clean the visible m used cleaning materials in appropr
    - containers (293,298,299,301,302). Category IC (OSH
  - 3. Swab the area with a cloth or paper towels moderately wetted with disinfect (OSHA: 29 CFR 1910.1030 § (
  - C. Use germicides registered by the EPA for use as hospital disinfectants and label Lists D and E (i.e., products with specific label claims for HIV or hepatitis B decontaminate spills of blood and other body fluids (293,301,303). Category 2/28/97; compliance document [CPL]
- D. An EPA-registered sodium hypochlorite product is preferred, but if such product (e.g., household chlorine bleach) n
  - 1. Use a 1:100 dilution (500--615 ppm available chlorine) to decontaminate not body fluids in patient-care setting

Category IB

- 2. If a spill involves large amounts of blood or body fluids, or if a blood or cultur 6,150 ppm available chlorine) fo
  - application of germicide before cleaning (
    - III. Carpeting and Cloth Furnish
- A. Vacuum carpeting in public areas of health-care facilities and in general patied designed to minimize dust dispersion (2)
  - B. Periodically perform a thorough, deep cleaning of carpeting as determined by production of aerosols and leaves little or no r
- C. Avoid use of carpeting in high-traffic zones in patient-care areas or where spi laboratories, or intensive care units) (44,36)
  - D. Follow appropriate procedures for managin
- 1. Spot-clean blood or body substance spills promptly (293,301,304,307). Categor
- 2. If a spill occurs on carpet tiles, replace any tiles contaminated by blood and b 29 CFR 1910.1030 § d.4.ii interp

- E. Thoroughly dry wet carpeting to prevent the growth of fungi; replace carpeting F. No recommendation is offered regarding the routine use of fungicidal or bacteric care facility or in general patient-care are
- G. Do not use carpeting in hallways and patient rooms in areas housing immunos H. Avoid using upholstered furniture and furnishings in high-risk patient-care area contamination (e.g., pediatrics units) (
- I. No recommendation is offered regarding whether upholstered furniture and furniture
  - 1. Maintain upholstered furniture in good
  - 2. Maintain the surface integrity of the upholstery by rep
  - 3. If upholstered furniture in a patient's room requires cleaning to remove visible a maintenance area where it can be
    - cleaned with a process appropriate for the type of upholst

IV. Flowers and Plants in Patient-Ca

- A. Flowers and potted plants need not be restricted from areas for imm
- B. Designate care and maintenance of flowers and potted plants to staff not d C. If plant or flower care by patient-care staff is unavoidable, instruct the staff to w hand hygiene after glove removal (30)
  - D. Do not allow fresh or dried flowers, or potted plants, in patient-care areas for in V. Pest Control
  - A. Develop pest-control strategies, with emphasis on kitchens, cafeterias, laundric docks, construction activities, and other areas prone to in
    - B. Install screens on all windows that open to the outside; keep so
  - C. Contract for routine pest control service by a credentialed pest-control speciali care facility (315). Categor
    - D. Place laboratory specimens (e.g., fixed sputum smears) in covered conta VI. Special Pathogens
- A. Use appropriate hand hygiene, PPE (e.g., gloves), and isolation precautions during Category IB
  - B. Use standard cleaning and disinfection protocols to control environmental con (e.g., methicillin-resistant *Staphylococcus aureus*, vancomycin intermediate se *Enterococcus* [VRE]) (318,320--322)
    - 1. Pay close attention to cleaning and disinfection of high-touch surfaces in p commodes, bed rails, doorknobs, or f (318,320--322). Categor
      - 2. Ensure compliance by housekeeping staff with cleaning and disinf
  - 3. Use EPA-registered chemical germicides appropriate for the surface to be disi as specified by the manufact

- instructions (271,322--327). Category IB, IC (
- 4. When contact precautions are indicated for patient care, use disposable patient to minimize cross-contamination
  - multiple-resistant microorganisms (3
- 5. Follow these same surface-cleaning and disinfecting measures for managing th
- C. Environmental-surface culturing can be used to verify the efficacy of hospital disinfecting rooms that house patients with VRE
  - 1. Obtain prior approval from infection-control staff and the clinical laborato Category II
    - 2. Infection-control staff, with clinical laboratory staff consultation, must
- D. Thoroughly clean and disinfect environmental and medical equipment surfaces accordance with manufacturers' instructions (271,274,319, 334).
- E. Advise families, visitors, and patients regarding the importance of hand hygiene (e.g., respiratory secretions or fecal matter) to s
  - F. Do not use high-level disinfectants (i.e., liquid chemical sterilants) on environmental instructions because of the toxicity of the chemicals (270,273,274,278)
  - G. Because no EPA-registered products are specific for inactivating *Clostridiun* disinfection of environmental surfaces in accordance with guidance from the surveillance and epidemiology indicate ongoing transmission
- H. No recommendation is offered regarding the use of specific EPA-registered hosp

  C. difficile. Unresolved is:
  - I. Apply standard cleaning and disinfection procedures to control environmenta pediatric-care units and care areas for immunocompromised patients (2)
  - J. Clean surfaces that have been contaminated with body substances; perform lo with an EPA-registered disinfectant in accordance with the manufacturer's ir 1910.1030 § d.4.ii.A; EPA: 7 USC §
    - K. Use disposable barrier coverings as appropriate to minimiz
- L. Develop and maintain cleaning and disinfection procedures in patient-care area Creutzfeldt-Jakob disease (CJD), for which no EPA-region of the control of
  - 1. In the absence of contamination with central nervous system tissue, extraordi or applying full-strength sodium h are not needed for routine cleaning or terminal disinfection of a room hot Category II
  - 2. After removing gross tissue from the surface, use either 1N NaOH or a sodium 20,000 ppm available chlorine (d
    - 1:5 to 1:3 v/v, respectively, of U.S. household chlorine bleach; contact the man

products for advice) to decont operating room or autopsy surfaces with central nervous system or cerebral (CJD patient (273,337--342). Ca

a. The contact time for the chemical used during this processb. Blot up the chemical with absorbent material and rinse the c. Discard the used, absorbent material into approximately

3. Use disposable, impervious covers to minimize body substance contamination

M. Use standard procedures for containment, cleaning, and decontamination (Environmental Services: II) (293). Category IC (OSH

1. Wear PPE appropriate for a surface decontamination and cleaning task (29. 2. Discard used PPE by using routine disposal procedures or decontaminate reu 29 CFR 1910.1030 § d.3.v

**Recommendations --- Environmental S** 

I. General Information

- A. Do not conduct random, undirected, microbiologic sampling of air, water, and Category IB
  - B. When indicated, conduct microbiologic sampling as part of an epidemiolo environmental conditions to detect contamination or verify abat
- C. Limit microbiologic sampling for quality assurance purposes to 1) biologic more water and dialysate in hemodialysis units; and 3) short-term evaluation of the im control protocols (270,343). Cat

II. Air, Water, and Environmental Surfa

- A. When conducting any form of environmental sampling, identify existing comparation standard methods (343--347). Can be a standard method of the standard metho
  - B. Select a high-volume air sampling device if anticipated levels of microbi (345,346,348,349). Categor
    - C. Do not use settle plates to quantify the concentration of airb
  - D. When sampling water, choose growth media and incubation conditions that Category II
- E. When using a sample/rinse method for sampling an environmental surface, deve gauze, or sponge in a reproducible manner so that results
  - F. When environmental samples and patient specimens are available for companion microorganisms down to the species level at a minimum, and beyond

Recommendations --- Laundry and I

I. Employer Responsibilities

A. Employers must launder workers' personal protective garments or uniforms infectious materials (293). Category IC (OSHA: 29)

II. Laundry Facilities and Equipa

- A. Maintain the receiving area for contaminated textiles at negative pressure comwith AIA construction standards in effect during the time of facility constructions.
- B. Ensure that laundry areas have handwashing facilities and products and appr (AIA: 7.23.D4; OSHA: 29 CFR 1910
  - C. Use and maintain laundry equipment according to manufactu
    - D. Do not leave damp textiles or fabrics in machines
- E. Disinfection of washing and drying machines in residential care is not needed a and proper washing and drying procedures

III. Routine Handling of Contaminated

- A. Handle contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics with minimum agitation to avoid contaminated textiles and fabrics are also as a fabric action of the fabric and fabric action of the fab
  - B. Bag or otherwise contain contaminated textiles and fabrics at the point of use
    - 1. Do not sort or prerinse contaminated textiles or fabrics in patient-care areas
    - 2. Use leak-resistant containment for textiles and fabrics contaminated with blo CFR 1910.1030 \ d.4.iv
      - 3. Identify bags or containers for contaminated textiles with labels, color coappropriate (293). Category IC (OS 1910.1030 § d.4.iv)
        - C. Covers are not needed on contaminated textile hampers
- D. If laundry chutes are used, ensure that they are properly designed, maintained, from contaminated laundry (357--361). Category IC (A
  - 1. Ensure that laundry bags are closed before tossing the f2. Do not place loose items in the laundry
  - E. Establish a facility policy to determine when textiles or fabrics should be sort (362,363). Category II

IV. Laundry Process

- A. If hot-water laundry cycles are used, wash with detergent in water ≥160°F (≥71 B. No recommendation is offered regarding a hot-water temperature setting and cycare facilities. Unresolved is
  - C. Follow fabric-care instructions and special laundering requirements
- D. Choose chemicals suitable for low-temperature washing at proper use concentr are used (365--370). Category
- E. Package, transport, and store clean textiles and fabrics by methods that will ensuring interfacility loading, transport, and unle

V. Microbiologic Sampling of Tex

A. Do not conduct routine microbiologic sampling of clea

В.	Use microbiologic sampling during outbreak investigate	tioi	18	if e	pidemio	logic	evic
	in disea	ase	tra	ans	mission	(371)	). <b>C</b> a
	TTT 0				-	~.	. •

VI. Special Laundry Situation

- A. Use sterilized textiles, surgical drapes, and gowns for situations requi B. Use hygienically clean textiles (i.e., laundered, but not sterilized) in neo C. Follow manufacturers' recommendations for cleaning fabric products, includi
  - D. Do not use dry cleaning for routine laundering in health-c
- E. Use caution when considering use of antimicrobial mattresses, textiles, and clothitems; EPA has not approved public health claims asserting protection against h. No recommendation is offered regarding using disposable fabrics and VII. Mattresses and Pillows
  - A. Keep mattresses dry; discard them if they remain wet or stained, par B. Clean and disinfect mattress covers by using EPA-registered disinfectants a development of tears, cracks, or holes in the covered C. Maintain the integrity of mattress and pillogeneous development.
    - 1. Replace mattress and pillow covers if they become torn or of 2. Do not stick needles into a mattress through
  - D. Clean and disinfect moisture-resistant mattress covers between patient use by a E. If using a mattress cover completely made of fabric, change these covers and F. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and washable pillows in the hot-water cycle between patient use by a E. Launder pillow covers and the pillow covers and the pillow cycle pillow c

VIII. Air-Fluidized Beds

- A. Follow manufacturers' instructions for air-fluidized bed mainted B. Change the polyester filter sheet at least weekly or as indicated by C. Clean and disinfect the polyester filter sheet thoroughly, especially between Category IB
- D. Consult the facility engineer to determine the proper placement of air-fluidiz Recommendations --- Animals in Health-C

I. General Infection-Control Measures for An A. Minimize contact with animal saliva, dander, urine, a B. Practice hand hygiene after any animal contact

- 1. Wash hands with soap and water, especially if hands are visibly soiled or con 2. Use either soap and water or alcohol-based hand rubs when hands are I II. Animal-Assisted Activities and Resident A
- A. Avoid selection of nonhuman primates and reptiles in animal-assisted activitie (391--393). Category II
- B. Enroll animals that are fully vaccinated for zoonotic diseases and that are health or otherwise have completed recent anthelmintic treatment under the re

- C. Enroll animals that are trained with the assistance or under the direction of per D. Ensure that animals are controlled by persons trained in providing activities or and behavior traits (391,394). C.
  - E. Take prompt action when an incident of biting or scratching by an animal
    - 1. Remove the animal permanently from these pi
  - 2. Report the incident promptly to appropriate authorities (e.g., infection-con control personnel) (391). Cate
    - 3. Promptly clean and treat scratches, bites, or other
  - F. Perform an ICRA and work actively with the animal handler before conduct whether the session should be held in a public area of the facility or in G. Take precautions to mitigate allergic responses
    - 1. Minimize shedding of animal dander by bathing animals <2
    - 2. Groom animals to remove loose hair before a visit, or use a
      - H. Use routine cleaning protocols for housekeeping surfaces
- I. Restrict resident animals, including fish in tanks, from access to patient-care are sterile supply areas, sterile and clean supply storage areas, medication preparat Category II
- J. Establish a facility policy for regular cleaning of fish tanks, rodent cages, and b cleaning task to a nonpatient-care staff member; avoid splashing tank water bedding. Category II
  - III. Protective Measures for Immunocompre
  - A. Advise patients to avoid contact with animal feces, saliva, urine, or
    - B. Promptly clean and treat scratches, bites, or other wounds
      - C. Advise patients to avoid direct or indirect contact w
  - D. Conduct a case-by-case assessment to determine if animal-assisted activities of immunocompromised patients (394
  - E. No recommendation is offered regarding permitting pet visits to terminally il Unresolved issue.

**IV. Service Animals** 

- A. Avoid providing facility access to nonhuman primates and reptile
- B. Allow service animals access to the facility in accordance with the Americans animal creates a direct threat to other persons or a fundamental alteration Department of Justice: 28 CFR
- C. When a decision must be made regarding a service animal's access to any parti animal, patient, and health-care situation on a case-by-case basis to determin reasonable modifications in policies and procedures will mitigate this risk (39 36.208)

- D. If a patient must be separated from his or her service animal while in the harrangements have been made for supervision or care of the animal during arrangements to address the patient's needs in the absence
  - V. Animals as Patients in Human Health-(
  - A. Develop health-care facility policies to address the treatment of
- 1. Use the multidisciplinary team approach to policy development, including practivities. Category II
  - 2. Exhaust all veterinary facility, equipment, and instrument options
    3. Ensure that the care of the animal is supervised by a
- B. When animals are treated in human health-care facilities, avoid treating animal invasive procedures are performed (e.g., cardiac catheterization laborator C. Schedule the animal procedure for the last procedure of the day in the area, at a
  - vicinity. Category II
    D. Adhere strictly to standard precautio
  - E. Clean and disinfect environmental surfaces thoroughly by using an EPA-reg removed. Category II
  - F. Allow sufficient ACH to clean the air and help remove airborne dander, m G. Clean and disinfect using EPA-registered products or sterilize equipment tha equipment. Category I
  - H. If reusable medical or surgical instruments are used in an animal procedure,

    Category II

VI. Research Animals in Health-Care

- A. Use animals obtained from quality stock, or quarantine incoming an B. Treat sick animals or remove them from the
- C. Provide prophylactic vaccinations, as available, to animal hand
- D. Ensure proper ventilation through appropriate facility design and location (399) USC 2131)
  - 1. Keep animal rooms at negative pressure relative to corridors 2. Prevent air in animal rooms from recirculating elsewhere in the health-
    - E. Keep doors to animal research rooms cl
    - F. Restrict access to animal facilities to essential
  - G. Establish employee occupational health programs specific to the animal resear procedures specific to zoonoses with occupational health clinics in the health-4 Health and Human Services [DHHS]: Biosafety in Microbiological and Biomedia 139)
    - H. Document standard operating procedures for the unit (4
  - I. Conduct routine employee training on worker safety concerns relevant to the a

animal handling) (400,401). Category IC (DHHS: BMBL;

J. Use precautions to prevent development of animal-induced asthma in an Recommendations --- Regulated Medic

I. Categories of Regulated Medical

- A. Designate the following as major categories of medical waste that require special laboratory wastes [e.g., cultures and stocks of microorganisms]; 2) bulk blood, be pathology and anatomy waste; and 4) sharps [e.g., needle
- B. Consult federal, state, and local regulations to determine if other waste items Category IC (States; OSHA: 29 CFR 1910.1030 § g.2.1; Department of Trans CO23.8)

II. Disposal Plan for Regulated Medic

- A. Develop a plan for the collection, handling, predisposal treatment, and terminal IC (States; OSHA: 29 CFR 1910.)
  - B. Designate a person or persons as responsible for establishing, monitoring, III. Handling, Transporting, and Storing Regula
- A. Inform personnel involved in handling and disposal of potentially infective was are trained in appropriate handling and disposal methods (293). Ca
- B. Manage the handling and disposal of regulated medical wastes generated in isol medical wastes from other patient-care are
  - C. Use proper sharps disposal strategies (293). Category IC (0
  - 1. Use a sharps container capable of maintaining its impermeability after waste final disposal (293). Category IC (O 1910.1030 § d.4.iii.A
  - 2. Place disposable syringes with needles, including sterile sharps that are being puncture-resistant containers located and the statement of the statement of

practical to the point of use (293). Category IC (OSH

- 3. Do not bend, recap, or break used syringe needles before discarding them int 1910.1030 \ d.2.vii and \ d.2
- D. Store regulated medical wastes awaiting treatment in a properly ventilated area prevent development of noxious odors. C
  - E. If treatment options are not available at the site where the medical waste is go impervious containers to the on-site treatment location or to another facilit IV. Treatment and Disposal of Regulated N
    - A. Treat regulated medical wastes by using a method (e.g., steam sterilization technology) approved by the appropriate authority having jurisdiction (A Administration) before disposal in a sanitary landfi
- B. Follow precautions for treating microbiologic wastes (e.g., amplified cultures at BMBL)

- 1. Biosafety level 4 laboratories must inactivate microbiologic wastes in the lab autoclaving) before transport to and
  - sanitary landfill (400). Category IC
- 2. Biosafety level 3 laboratories must inactivate microbiologic wastes in the lab autoclaving) or incinerate them at
  - before transport to and disposal in a sanitary landfill (
- C. Biosafety levels 1 and 2 laboratories should develop strategies to inactivate an approved inactivation method (e.g., autoclaving) instead of packaging and ship and disposal (400,406--408). Ca
- D. Laboratories that isolate select agents from clinical specimens must comply with and appropriate disposal of these agents (409). Category
- E. Sanitary sewers may be used for safe disposal of blood, suctioned fluids, ground sewage discharge requirements are met and that the state has declared this to V. Special Precautions for Wastes Generated During Care
- A. When discarding items contaminated with blood and body fluids from VHF pati agitation during handling (36,<u>109</u>).
  - B. Manage properly contained wastes from areas providing care to VHF patients areas (Regulated Medical Waste: III B) (36,
  - C. Decontaminate bulk blood and body fluids from VHF patients by using appropriate treatment) before disposal (36,109). Cate
- D. When discarding regulated medical waste generated during the routine (i.e., no decontaminate them by using approved inactivation methods (e.g., autoclaving o (e.g., blood, sharps, or pathological waste) (36,270,27.
  - E. Incinerate medical wastes (e.g., central nervous system tissues or contaminat procedures of diagnosed or suspected CJD patie References
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